

Vol. 18, No. 5

From the Beaches to the River District downtown Fort Myers FEBRUARY 1, 2019



Day Dreams of Love by Claudia Goode images provided

# Pop-Up Exhibit For Two Hours Only At ACT Gallery

A rts for ACT Gallery will be hosting a limited time pop-up exhibit, Hearts for ACT, on Friday, February 8 from 6 to 8 p.m. Featuring 13 artists, the exhibit will be held one night only and will include



Abstract painting by Annette Brown jewelry, mixed media, baskets, art clothing, art furniture, art gourds, 3D art, photography and paintings.

Items for sale have never been shown at Arts for ACT Gallery, located at 2265 First Street in downtown Fort Myers. For more information, call 337-5050.\*

# Antique Car Show At Estates



Visitors can stroll through rows of antique Ford automobiles at the annual Edison and Ford Winter Estates Antique Car Show photo provided

Lison and Ford Winter Estates will host its annual Antique Ford Car Show on Saturday, February 2 from 10 a.m. to 2 p.m. Each year, classic car owners and club members exhibit more than 100 cars on the Ford estate lawn along the Caloosahatchee as a tribute to Henry Ford, the pioneer of the automobile industry.

Along with the car show, there will be music, food trucks, and visitors can tour continued on page 24



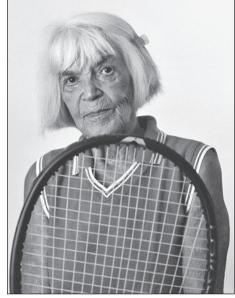
A scene from Guys And Dolls A Sure Bet At Broadway Palm

Brolling the dice and putting bets on Guys and Dolls, playing February 14 through March 30. Broadway's perfect musical comedy about gambling men and the women who long to tame them is based on the stories of Damon Runyon. Guys and Dolls is the winner of eight Tony Awards, a New York Drama Critics photo provided

Circle Award and won a Grammy for Best Cast Album.

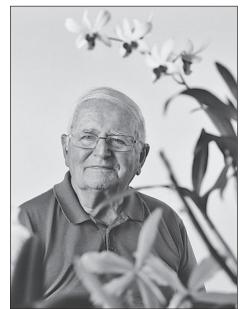
The story revolves around Nathan Detroit, the ultimate gambling man and operator of "the world's largest floating crap game." He spends his days staying one step ahead of New York's finest and evading marriage to his chorus girl fiancée of 14 years. Things really heat up when dashing, big-time gambler Sky Masterson meets up with a refined Salvation Army girl, Miss Sarah Brown. Masterson, who'll continued on page 10

# Nonagenarians Exhibit At Alliance



The Tennis Player photos by Herb Sklar

The Alliance for the Arts' February exhibit, Nonagenarians of Shell Point, will feature renowned photographer Herb Sklar and 11 other Shell Point photographers from February 8 through March 2. The opening reception will be held on Friday, February 8 from 5 to 7 p.m. and is open to the public. A conversational walk and talk with the exhibiting artists will be held during the Alliance for the Arts Weekly GreenMarket



The Orchid Man

on Saturday, February 9 at 10 a.m. The show explores the vibrant lives of those aged 90 to 99. Time may leave its mark on the bodies of the aging, but it will never mark their spirit. Explore the wrinkles, laugh lines, scars, spots and smiles of *The Swimmer, The Tennis Player, The Writer* and many others in Sklar's series. The 20 black-and-white photographic portraits each tell a story continued on page 23

### Historic Downtown Fort Myers, Then And Now: Babies On Parade

by Gerri Reaves, PhD

hese 1964 photos from the Edison's Festival's Junior Parade will get you in the mood for what is probably the most adorable of all Fort Myers traditions.

The fact that schools closed early on Wednesday, February 12 for the event illustrates just how important it was 55 years ago. These photos taken on First Street between Broadway and Monroe give a glimpse of what spectators saw that sunny

afternoon. One important spectator in the review stand that day was

Charles Edison, son of Thomas A. Edison, in whose honor the historic Edison Festival and Pageant of Light was founded. He

pronounced the parade "outstanding." The Junior King and Queen that year were six-year-olds Kevin Pacetti and Lee Ann Williams, pictured on the float of junior royalty. (Unfortunately, a view of the queen is blocked by one of her court.)

Kenneth, Dale, Belinda and John Olsen won second place in the strolling division for their covered-wagon "float" - even though the baby in the wagon decided to sleep through it all.

Cynthia and Paul Asmuth won an honorable mention for decoration of the A Captive for Captiva float, and Chip and Celia Maddox won in the amateur float section for Tickled Pink Over Edison's Birthday.

Costumed participants included the Beatles, Jayne Mansfield, a cowgirl and a silver robot. An astonishing number of Lee County Brownie Scout troops marched that year. And those are only a few of the parade highlights.

The Junior Parade traces its origins to the very first Edison Parade in 1938, when the festival ran only three days. The high point has always been the Grand Parade, followed by the Coronation Ball for the King and Queen of Edisonia.

The parade for young people has had several names over the decades - Children's Parade, Baby Parade and Junior Parade.



The 1964 Junior Royalty glides down First Street just west of Broadway photo courtesy Southwest Florida Historical Society, Goddard-Dibble Collection



The Olsen children's covered-wagon "float" won second place in the strolling division, even though the baby in the wagon snoozed through it all. Note the words "Hotel Dean" in the upper right, visible over the top of the Fort Myers Realty Building at First and Dean Street. photo courtesy Southwest Florida Historical Society, Goddard-Dibble Collection

Although the Children's Parade didn't become an official separate event until 1946, children have always participated.

They rode on elaborate floats, walked as part of a Girl or Boy Scout troop, or pulled a "wagon float" for a younger child.

Or, like the baby in the miniature "covered-wagon" float in the 1964 photo, they just slept through the hoopla.

When the Festival and Pageant of Light resumed after the World War II hiatus, the continued on page 19



The Strayhorn Building and the City of Palms Parking Garage line the parade route on First Street west of Broadway and Dean Street photo by Gerri Reaves

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**Casey Weston** 

photos provided

# Vinyl Vibes Concert Series At Davis Art Center

Three tributes acts will be featured in Vinyl Vibes at the Sidney & Berne Davis Art Center in the next two months. The evenings begin with a cocktail hour at 7 p.m. followed by the performances at 8 p.m.

The 2019 lineup kicks off with the Mersey Beatles playing the whole Abbey Road album live during their first



Bee Gees

set on Wednesday, February 13. The Liverpool, England foursome will perform Beatlemania greatest hits during their second set.

The Mersey Beatles Tribute Band was the resident band for over a decade at the world-famous Cavern Club, where The Beatles got their start. These childhood friends have played in 20 countries, selling out shows worldwide. For more information and tickets, visit www.sbdac. com/mersey-beatles-2019.

On Wednesday, February 20, Casey Weston from NBC's *The Voice* will be performing the best of Fleetwood Mac and Stevie Nicks with the band Gypsy.



The Mersey Beatles at the Strawberry Fields gates

Competing under the coaching of Maroon 5's Adam Levine, the Naples native finished as a semifinalist on *The Voice* and, after gaining incomparable live performance experience and inevitable, wide-ranging international exposure, she began collaborating with music makers in her new home of Nashville, Tennessee. For more information and tickets, visit www.sbdac.com/gypsy-casey-weston.

The final concert in the series takes the audience back to the disco era with a performance from Bee Gees Now. Experience an incredible technical, theatrical production in a dynamic, interactive and thoroughly entertaining live tribute to the multi-platinum kings of disco.

Put on your dancing shoes and get ready to experience Saturday Night Fever every day of the week. For more information and tickets, visit www.sbdac. com/bee-gees-now.

Vinyl Vibes is a retro records series that features some of the nation's best tribute acts.

Tickets are \$45 for each concert. VIP tickets are \$59 apiece.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Call 333-1933 for more information.☆



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Cheryl Fausel with A Tribute to Albert Anker Beach Art Group Winter Juried Show Winners

Fort Myers Beach Art Association (FMBAA) officials recently presented awards for their current Winter Juried Show titled Over the Moon. Members and non-members of the art association submitted paintings for the exhibit which was judged by renowned artist Sally Cooper. The awards ceremony was preceded by a gallery talk given by artist Michele Barron Buelow. Fresh Catch Bistro sponsored this event and supplied refreshments. Artwork in this exhibit is available for viewing and purchase until February 7. Cheryl Fausel captured first place for A Tribute to Albert Anker. Tracy Owen Cullimore was awarded second place for Before the Dance, while Sue Pink took third place for Oh NO Lake "O"!#1. Merit awards were presented to Michele Barren Burley for Black Shada Brian

photos provided

Barron Buelow for *Blue Shade*, Brian Christensen for *Untitled* and Patricia Payzant for *Nimbus*. Honorable mention awards went to Penny Fox for *Chicago Vibe II*, Irvin Hawkes for *Check Mate* and Dannica Walker for *Bloomstruck*.

If you are interested in learning to paint, several short workshops are offered in the gallery this season.

For more information, call 462-3909, email FMBAA publicity chair Pam Flaherty at fmbaapublicity@gmail.com, visit www. fortmyersbeachart.com or stop by gallery located at 3030 Shell Mound Boulevard on Fort Myers Beach. 🛠





Tracy Owen Cullimore with Before The Dance



Sue Pink with Oh NO Lake "O"!#1



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# Fort Myers Art: ArtFest Invades The River District This Weekend



by Tom Hall

ArtFest Fort Myers takes place in downtown Fort Myers on Friday, February 1 from 6 to 9 p.m., and Saturday and Sunday, February 2 and 3 from 10 a.m. to 5 p.m.

The festival, held along the banks of the Caloosahatchee River along Edwards Drive from Jackson to Heitman Street, will feature tents and booths of more than 200 artists who have been juried into this year's show as well as a chalk art competition featuring entries by area high schools and an Art Under 20 art competition.

Expect a wide array of genres and media including works in sculpture, painting, ceramics, photography, printmaking, drawing, digital, mixed media, ceramics, fiber, glass, jewelry, metal, wearable fiber and wood.

Festival goers will find many of the artists' tents and booths sandwiched between the Harborside Event Center and the City Pier Building, but the focal point of the festival is undoubtedly the city's 1.8-acre river basin, which draws a finger of the Caloosahatchee to Bay Street.



Scenes from a previous ArtFest Fort Myers

ArtFest Fort Myers was chosen in October of 2013 as the Best Overall Regional Art Fair in Southwest Florida in a survey conducted by ArtFairCalendar.com, the No. 1 website for art fair event listings.

The opening night of ArtFest is more than just a tantalizing preview. It's time for the ArtFest Friday Night Party inside ArtFest's glowing VIP garden tent, where the conversation is lively, the laughter raucous, and delectable treats, great wines and spirits are provided by some of the area's finest restaurants. But the VIP experience doesn't end when the party does. The VIP pass is good for all three days, and comes with reserved parking, access to the VIP Terrace overlooking



the festival grounds, and complimentary lunch, all-day beverages and refreshments on Saturday and Sunday, and the gift of a commemorative festival poster.

The VIP Experience is \$125 per person, and your support contributes to the year-round ArtFest Fort Myers' art education outreach programs. To experience the ArtFest Fort Myers VIP Experience and the 200 artists as a Very Important Patron, visit Upgrade To VIP at www.artfestfortmyers.com or call 768-3602.

More than 90,000 people attend ArtFest over the course of its three-day run. Both the serious art lover and novice collector will find ArtFest Fort Myers the



The Fort Myers Symphonic Mastersingers are teaming up with the Edison Festival of Light for the Edison Celebration of Light Concert at CityGate Church on Friday, February 8 at 7 p.m. The program will focus on light-themed musical selections while investigating the creative process. The concert is free with a good will offering taken up during the evening.

The program will be presented by the full Mastersingers chorus of over 80 singers





photos courtesy www.artswfl.com

perfect place to learn about the world of art and add to or begin a unique collection. These are the best of the best, as nearly 1,000 artists apply each year for inclusion in this juried show, and many of these artists are seldom seen in Southwest Florida – their art is fresh and new.

For more information, visit www. artfestfortmyers.com or www.facebook. com/artfestfortmyers?sk=info.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

along with several selections by the group's Chamber Chorus under the direction of longtime Artistic Director Jeff Faux. Janet Carter on the piano will lend her virtuosic accompanying talents to the mix.

The musical selections reflect the longheld Mastersingers mission of performing classic masterworks along with the best of contemporary composers. The program will include selections from Gabriel Faure's *Requiem*, as well as pieces by Eric Whitacre, Z. Randall Stroop and Loreena McKennitt. "It may be an overused expression, but it's never been truer, there is something for everyone in this concert," said Faux. "Using such a diverse repertoire in one concert will allow us to consider the many ways that the creative process comes to life in music."

The concert will also include the premiere performance of Zack Stanton's, *Before You Kissed Me*. This work is the winning composition in the group's inaugural Sanibel-Captiva Trust Prize for New Composers. This latest community outreach from the Mastersingers is the brain child of the group's bass section leader and FGCU professor Dr. Jason Bahr. "We opened the competition hoping to attract a few scores and ending up with something that the group could perform," he said. "We were shocked when we received over 200 entries and an incredible composition as the winning piece."

CityGate Church is located at 1735 Jackson Street in Fort Myers. For more information, visit www.mastersingersfm. com.恭

# Tickets For Fundraiser Fashion Show

Tickets are available for the 12th annual Colors of the Sea Fashion Show benefiting the Regional Cancer Center and patients in their fight against cancer at Crowne Plaza at Bell Tower Shops on Wednesday, February 27. Attendees will partake in an awards luncheon, benefit auction and viewing of contemporary and stylish apparel provided by local retailers Sanibel Outlets, Razzle Dazzle and House of Wu, and sported by local models.

Proceeds from this year's event will support the new integrative medicine program at Lee Health at the Regional Cancer Center, Southwest Florida's premier cancer care center that treats all aspects of patient care under one roof. The center's new integrative medicine program, created in response to higher rates of cancer survival and patients living longer, incorporates traditional services like physical rehabilitation, peer counseling and dietician services with therapies such as acupuncture, reiki and others. The center has received accreditation with commendation from the American College of Surgeons' Commission on Cancer.

Tickets are \$55 per person. Sponsorships are available and include tickets, group tables, banner displays, public recognition and other benefits. Also at the event, Lee Health Foundation and Regional Cancer Center will recognize individuals who have made significant contributions to cancer care in Southwest Florida and offered unwavering support to individuals undergoing cancer treatments.

Crowne Plaza at Bell Tower Shops is located at 13051 Bell Tower Drive in Fort Myers. For more information or to purchase tickets, visit www. leehealthfoundation.org/fashionforcancer or call 343-6950.\*

# Rock Our Vets Fundraiser

John Carfi, veteran of standup comedy, will headline the 3rd annual Rock Our Vets Fundraiser at The Laugh In Comedy Café on Sunday, February 10. Doors open for dinner and best seating at 6 p.m.

Carfi has appeared on numerous TV shows including Comedy Central's Standup Standup, Entertainment Tonight, The Ricky Lake Show and The Statler Brothers Show. Sheena Reagan also appears.

Rock Our Vets is a 501c3, allvolunteer veteran support organization, founded by musician Dave Mason & Ted Knapp.

The Laugh In Comedy Café is located at 8595 College Parkway Unit 270 in Fort Myers. To reserve tickets, email george@rockourvets.org. For more information, visit www.facebook.com/ rockourveterans.\*\*



Southwest Florida Symphony

# Symphony Season Kicks Off At BIG ARTS

The Southwest Florida Symphony commences its 58th season of Small Stage Symphonies with Appalachian Spring on Wednesday, February 6 at BIG ARTS.

Experience the synthesis of poetry, visual, musical and dramatic arts through the compositions of Wagner, Milhaud, Ibert and Copland. Breathing life into the operas, ballets and literary works that bear their names, *Sigfried Idyll, La Création du Monde, Divertissement* and *Appalachian Spring* are true musical photo provideo

masterpieces. Let your imagination follow the music to Lucerne, the jazz clubs of New York in the 1920s and the blissfully simple and peaceful Shaker life.

This Small Stage Symphonies series continues at the Village Church at Shell Point on Thursday, February 7 and concludes at St. Leo the Great Catholic Church in Bonita Springs on Friday, February 8.

Concerts begin at 7:30 p.m. Tickets start at \$20 and vary by venue. They may be purchased online at www.swflso.org, by visiting the Southwest Florida Symphony box office located at 8290 College Parkway, Suite 103, in Fort Myers, by calling 418-1500 or at the door of each venue one hour prior to each concert.

BIG ARTS is located at 900 Dunlop Road on Sanibel.莽

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# Along The River

The River District Alliance will host **Art Walk** in **downtown Fort Myers** this Friday, February 1 from 6 to 10 p.m. and Saturday, February 2 from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and exhibitions along the river district.

For more information, visit www. fortmyersriverdistrictalliance.com.

The group exhibition **Carded: Miniature Masterpieces** returns to the **Sidney & Berne Davis Art Center** with an opening show during Art Walk this Friday, February 1 at 6 p.m. Artists will contribute small trading card style works to be viewed and traded. There will be a \$1 donation for entry.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933

Take a **nature walk** with a bird patrol guide at **Lakes Regional Park** this Saturday, February 2 at 8 a.m.

This tour, which is free with paid parking, is provided in cooperation with Lee County Parks and Recreation.

Meet at Shelter A7. Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. For more information, call 533-7580 or 533-7576.

Celebrate World Wetlands Day with a **free guided hike** at **Prairie Pines Preserve** this Saturday, February 2 at



The Young Dead will perform at Love Your Rebellion's Punk Brunch

### 9 a.m.

A certified master naturalist will lead the 90-minute, quarter-mile loop hike at this Conservation 20/20 preserve to discuss the importance of natural wetlands for our drinking water supply, flood prevention and the protection of native plants and wildlife.

Registration is required. Call Conservation 20/20 Coordinator Jason Boeckman at 204-1125 to make a reservation. Space is limited. Parking is free.

Prairie Pines Preserve is located at 18400 North Tamiami Trail in North Fort Myers. Visit www. photo courtesy Jesi Cason Photography conservation2020.org or call 204-1125 for more information

Love Your Rebellion's **Punk Brunch** will combine live music, art, food and crafts on the **Fort Myers Regional Library** plaza this Saturday, February 2 from noon to 4 p.m. Admission to the family-friendly event is free.

Musical entertainment will be provided by Even Less Friends, The Young Dead, Cobress and The Kimberlys. While each band is performing, an artist will paint to the music, creating brand new original works.

The Fort Myers Regional Library is located at 2450 First Street Fort Myers. For more information, visit www.facebook.com/

# Football Standout Named Parade Grand Marshal

Tommy Bohanon will be honored as the Grand Marshal for the 81st annual Edison Festival of Light Grand Parade on February 16 in downtown Fort Myers. The former North Fort Myers High football star is currently the starting Jacksonville Jaguars fullback.

Bohanon is married to his high school sweetheart Katie, also a Southwest Florida native. Together they are working to end generational poverty in their community. Bohanon received the Pop Warner Humanitarian Award at the 58th annual All-American Scholars Banquet last year. He was recognized for efforts on and off the field. The award recognizes individuals who set a positive example for young people by accomplishing both outstanding athletic achievements and philanthropic initiatives.

The Tommy Bohanon Foundation was responsible for supplying the NFM High football team with cleats last season. Not only did the gesture help the players, it took some of the burden off families working hard to make ends meet. In addition, the foundation holds a free football camp during the summer

### events/2224355417585382.

The final **Thank God for Indie Mondays** (TGIM) viewing of the season will be held at **Sidney & Berne Davis Art Center** this Monday, February 4. Cocktail hour is at 6:30 p.m. followed by the films at 7 p.m.

Judges will be Leoma Lovegrove, Ilene Saffron and Katarina Danks. Get a look at how the Fort Myers Film Festival views submissions for independent films and participate in the selection process.

Tickets are \$10 for adults, \$8 for students and seniors.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.

Celebrate the Edison Festival of Light and help feed the hungry by attending the 30th anniversary of **Mrs. Edison's Hymn Sing** at **The First Presbyterian Church** this Tuesday, February 5. The hymn sing, which is organized and sponsored by the Galloway Family of Dealerships, is planned for 1 p.m., 4 p.m. and 7 p.m. The doors will open 30 minutes prior to each performance.

Admission is free, but because of the increased need for food for the hungry, organizers are requesting that those who attend bring cans of non-perishable food and a voluntary cash donation, if possible, to benefit The Soup Kitchen of Community Cooperative.

The First Presbyterian Church is located at 2438 Second Street in downtown Fort Myers. For more information, call 334-2261 or visit www.fpcfortmyers.org.

and will offer scholarships for young athletes in the future. Recognizing the obstacles that young athletes often face that prohibit them from reaching their highest potential, the Tommy Bohanon Foundation is aimed at filling that void and assisting young athletes to excel in all aspects of life.

More than 200,000 people attend the parade and there are more than 200 units including floats, marching bands, trucks, dignitaries and much more. For more information about the route or other Edison Festival of Light activities, visit www.edisonfestival.org.\*

# Unique Concert Experience On Fort Myers Beach

The British Invasion Years will perform at the Propeller Lounge at Fish-Tale Marina on Thursday, February 7 from 7 to 9 p.m.

The unique concert experience is part of the Fort Myers Beach Friends of the Arts Winter Concert Series. Tickets are \$25.

The Fish-Tale Marina Propeller Lounge is located at 7225 Estero Boulevard on Fort Myers Beach. For more information and tickets, visit www. fmbarts.org 💥





### Bruno's of Brooklyn staff Food Fundraiser For GCHS Returns

The 2nd annual Cannolis, Cops and Canines fundraiser for the shelter animals of Gulf Coast Humane Society will be held at Bruno's of Brooklyn Italian Eatery on Monday, February 11 from 6 to 9 p.m.

The first event proved to be very successful and a prosperous fundraiser for GCHS. "Last year was a blast at Bruno's of Brooklyn. The food was magnificent and everyone had a great time," said GCHS executive director Jennifer Galloway. "The unique aspect of the event is we'll have representatives from the Lee County Sheriff Office, Fort Myers Police Department and Chef Calcedonio (of Bruno's) cooking all the dishes right in

Calusa Blueway

ayak Camping will be presented as

the third in a series of free Calusa

Blueway-related programs at the

Wa-Ke Hatchee Recreation Center on

Owen will share tips and techniques for a

This program is replacing the Photography

successful kayak and SUP camping trip.

from a Canoe program, which has been

"I'm really excited about Pat's

Coordinator Mike Hammond of Lee

DANCE FITNESS

program," said Calusa Blueway

rescheduled to March 19.

Tuesday, February 5 at 6:30 p.m. Longtime local paddling guru Pat

**Speaker Series** 

photo provided

front of all the diners." The fundraiser will include an auction featuring a private cooking class at Bruno's, door prizes, raffle baskets, a 50/50 raffle and the chance to cuddle GCHS puppies on the patio.

"We were thrilled with the turnout last year and being able to help the shelter animals at GCHS is and always will be a gratifying feeling," said Bruno's of Brooklyn co-owner Genevieve Bruno. "We hope to see as many people out February 11, to enjoy great food for a great cause."

Tickets are \$100 per person, with all proceeds benefiting GCHS. There are only 80 tickets available, so act quickly, because they are sold on a first come, first serve basis.

Bruno's of Brooklyn is located at 2112 Second Street in downtown Fort Myers. To purchase tickets, call 278-0211.\*\*

County Parks & Recreation. "She has many great tips that can make camping trips much more enjoyable and successful. This time she is including sit-on-top kayaks and standup paddleboards, which will be great for paddlers who don't own a sea kayak."

The Calusa Blueway Speaker Series schedule includes Tommy Thompson and Peg Phillips with Paddling Florida Adventures on March 6 and Photography from a Canoe on March 19.

Wa-Ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. For more information, contact Wa-Ke Hatchee Recreation Center at 432-2154. Trail information is at www. calusablueway.com or www.leeparks.org/ blueway.\*



Cool moves, cool music, total body, low impact. Dance fitness, group

exercise, contemporary movement, step aerobics, body sculpting.

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239.822.9226 • sdf@DanceSuzannes.com • www.DanceSuzannes.com Royal Palm Square, 1400 Colonial Blvd. #27, Fort Myers

# Symphony Masterworks With Vive La Mer

The Southwest Florida Symphony continues its 58th season of Masterworks with Masterworks III: Vive La Mer at Barbara B. Mann Performing Arts Hall at FSW on Saturday, February 2 at 7:30 p.m. Maestro Nir Kabaretti will offer a preconcert lecture at 6:30 p.m. These lectures are offered in order to better educate audiences about the pieces being performed and often feature a guest artist question-and-answer session and demonstrations.

Tickets cost between \$25 and \$105 per person and may be purchased online at www.swflso.org, by visiting the Southwest Florida Symphony Box Office located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the Symphony Box Office at 418-1500 or at the door, one and a half hours prior to the concert.

Masterworks III: Vive La Mer is conducted by Kabaretti and features George Bizet's dramatic *L'Arlsienne*, a composition befitting Southwest Florida; Claude Debussy's *La Mer* and



Xiayin Wang

photo provided

Rachmaninoff's Piano Concerto No. 3, performed by returning guest artist, internationally acclaimed Xiayin Wang. Barbara B. Mann Performing Arts

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers. For more information, visit www.swflso.org.\*

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# Comic Opera At Sanibel Church February 10



Don Magnifico Orlando played by Tony Dillon photo provided

ulfshore Opera is midway Through its fifth year of serving the three coastal counties of Southwest Florida and will present a touring production of Don Pasquale

# **Churches/Temples**

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc. org, 2756 McGregor Boulevard, 226-0900. ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 305-651-0991

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive, 481-2099

**BAT YAM-TEMPLE OF THE ISLANDS** Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296. BETH SHILOH MESSIANIC SYNAGOGUE Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

### BIBLEŠHARE

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

### CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

### CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalthouse@aol. com 10200 Cypress Cove Circle, 850-3943. **CHURCH OF THE CROSS** Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188. CONGREGATIONAL

### Sunday 10:30 a.m., www.taecc.com, 1619

Llewellyn Drive, 334-4978. **COVENANT PRESBYTERIAN** 

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937

### **CYPRESS LAKE BAPTIST**

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

at Sanibel Congregational Church of Christ on Sunday, February 10.

Don Pasquale is a comic opera about a stuffy old rich guy who's only heir is his rather deadbeat nephew. He threatens to disinherit his nephew for trying to marry an "unsuitable." Pasquale then decides to find a proper wife for himself and produce his own heirs. It's a full production with sets, and costumes.

Stars of *Don Pasquale* include Tony Dillon, Camille Ortiz, Zackery Morris and Paul LaRosa. The servants chorus will be performed by music majors at Ave Maria University. Projected translations will be displayed.

Tickets start at \$48 and can be purchase online at www.gulfshoreopera. org or by calling 529-3925. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.举

# Community Band To Perform February 10

ee County Community Band presents Music, the Language of Love! at Cape Coral High School on Sunday, February 10 at 3 p.m.

Under the direction of Richard Bradstreet, the band will perform a selection of romantic Gershwin tunes, including Embraceable You and Somebody Loves Me, Highlights from Carousel and a medley of romantic

### 481-5442. CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233 CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250. FAITH FELLOWSHIP WORLD OUTREACH Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638. FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christianscience fortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801 FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511. FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. www. fumcftmyers.org, 2466 First Street, 332-1152. FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330. FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133 FIRST PRESBYTERIAN CHURCH OF FORT MYERS 11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778. JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143 **KINGDOM LIFE** 

favorites including For Me and My Gal and Pretty Baby. The program also will feature lively marches, a sing-along, and a presentation by vocalist Norman Jones.

The concerts are free - with accepted donations - and open to the public.

Cape Coral High School is located at 2300 Santa Barbara Boulevard in Cape Coral. For more information, visit www. leecountyband.org. 公

# Garden Club Park Fundraiser Set For March

he Garden Club of Cape Coral will present its major fundraiser, March in the Park, at Jaycee Park on March 9 from 9 a.m. to 3 p.m. The plant and garden art sale will feature more than 30 vendors.

There will be trees, shrubs, ground cover, native plants and miniatures to name a few. Garden art will include essential and fragrance oils, glass reflections, stepping stones, metal works, fish faces and various planters.

Speakers will make informative presentations hourly, and master gardeners will be available all day to answer questions. A kids booth includes a face painter, activities and take home projects for all ages. Food, music and opportunity drawings will be available throughout the day. Admission and

Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343. LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church.net, 19691 Cypress View Drive, 267-352

### **NEW BEGINNINGS CENTER**

Friday 6:30 and 7 p.m. nbcministry@ embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416. NEW COVENANT EYES

Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519. **NEW HOPE BAPTIST** 

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503. **NEW HOPE PRESBYTERIAN** Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road, 274-1230.

### PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400.

### PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599. REDEEMER LUTHERAN Sunday 8:15 and 10:15 a.m. 3950 Winkler

Ext., 274-0143 **RIVER OF LIFE ASSEMBLY OF GOD** 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort Myers.org, 567-9739 SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3

and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973. ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

parking are free.

The Garden Club of Cape Coral is a nonprofit organization and all proceeds go to the club objectives involving Marty Ward merit awards to local high school seniors, Habitat for Humanity projects, local middle and high school garden projects as well as promoting civic awareness of environmental and conservation concerns.

If you are a vendor selling plants, food, or do a craft that is garden-related and want to join the juried show, contact Ginny Huffer at 257-2654 or huffmom5@aol.com.

Jaycee Park is located at 4125 SE 20th Place in Cape Coral. For more information, visit www. gardenclubofcapecoral.com.券

### From page 1

# **Broadway Palm**

bet on anything, gets talked into what appears to be an unwinnable bet involving the girl, setting up an unpredictable chain of hilarious events. *Guys and Dolls* features one of the best musical scores in American theater history with hits that include Luck Be A Lady, I've Never Been In Love Before, Sue Me and A Bushel and a Peck.

Performances are Tuesday through Sunday evenings with select matinees. Tickets are \$45 to \$70 with group prices available. Call 278-4422, visit www.broadwaypalm.com or stop by the box office at 1380 Colonial Boulevard in Fort Myers.☆

### Avenue, 334-2161. SAINT JOHN THE APOSTLE METROPOLITAN Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012. SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218. SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonast ery.org, 111 Evergreen Road, 997-2847. **ST. VINCENT DE PAUL CATHOLIC** Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336. **TEMPLE BETHEL SYNAGOGUE** Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel. com, 16225 Winkler Road, 433-0018. **TEMPLE JUDEA (CONSERVATIVE)** Friday 6:30 p.m. and Saturday 9 a.m., www. tjswfl.org, 14486 A&W Bulb Road, 433-0201. THE NEW CHURCH Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535. UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700. UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511 WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125. WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881. ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm. org, 7401 Winkler Road, 481-4040.举

# crow case of the Week: Florida Softshell Turtle



by Bob Petcher

softshell turtle (Apalone ferox) is a freshwater turtle that is native to the Southeastern United States.

Interestingly, softshell turtles tend to be more

aggressive because of their delicate shields, in contrast to their cousins with a harder, more protected carapace. Ferox, the second part of the Florida softshell turtle's Latin name, means "ferocious."

At CROW, an adult female Florida softshell turtle, was admitted from the Shell Point Retirement Community and was reported to be tangled in monofilament fishing line. Upon intake, veterinarians noted two separate strands of monofilament line extruding from the mouth of the turtle. Radiographs were taken and revealed two separate hooks attached to two separate lines within the turtle's body.

The following day, the patient was anesthetized and veterinarians used an endoscope – an instrument which can be introduced into the body through the oral cavity to give a view of its internal parts using a small camera – to identify the hooks' locations within the GI tract inside the turtle.

"The endoscopic procedure is used to evaluate the location of the hooks and help plan extraction. The scope can also be used in certain cases to guide removal of the hooks using long extraction tools," said Dr. Kyle Abbott, CROW veterinary intern. "In this turtle's case, the hooks were embedded in two locations, the esophagus and the stomach. Unfortunately, the hooks could not be removed using endoscopic guidance, but the scope did guide our surgical plan."

While the hook in the turtle's esophagus was completely removed, only part of the hook in the turtle's stomach could be surgically removed.

"The turtle is recovering well after surgery. Her sutures remain intact, and she remains active," said Dr. Abbott. "The remaining piece of hook would have been ideal to remove, but ultimately turtles can survive well with this in their bodies. Her body will isolate the hook with scar tissue, and long-term it is highly unlikely to present an issue for her."

The patient is expected to be returned to the wild soon. "The turtle will be released later this week as long as she continues doing well with recovery," said Dr. Abbott.

There were 101 cases for hook and line entanglement reported at CROW in 2018, an increase from the 65 patients that arrived with fishing hooks or monofilament line entanglement in 2017.

"Monofilament line and fish hooks in the environment often affect species such as this softshell turtle. Removing



Patient #19-0168 after the removal of two hooks within its body

photo by Brian Bohlman

any leftover or caught line helps reduce the impact we have on other species in our ecosystems," said Dr. Abbott. "Any opportunities people take to remove fishing hooks and line from our waterways have the potential to save wildlife."

Not only can the clear, strong, flexible plastic do harm to birds, manatees, turtles, whales, dolphins and rays (to name a few), it also non-biodegradable. Scientists estimate it can take 300 to 500 years to decompose.

The rehabilitation clinic is continuously involved in a campaign called Clear Your Gear with other island organizations such as the City of Sanibel, Sanibel Sea School, Monofilament Busters, SCCF, FWC and "Ding" Darling Wildlife Society.

For more information on the Monofilament Recovery and Recycling Program, visit mrrp.myfwc.com/faqs.

ČROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆

# "Top 5 Breakfast in Florida" - Southern Living



# Thermals In Florida?

### by Capt. Matt Mitchell



This was yet another week of fishing in what can only be described as very non-Floridalike winter weather. Our conditions were not only unusually cold, but another passing front brought yet another full day of rain. Despite the poor weather, our winter fishing has been outstanding with lots of sheepshead, redfish and black drum keeping everyone happy. Giving my clients an enjoyable experience

during these far-from-picturesque days starts off before they climb onboard by having them wear

enough clothing.

I understand that most of my clients this time of year are accustomed to much colder northern weather. Running around at 30 mph on an open boat during 50 to 60 degree days is cold no matter where you are from. Being cold and miserable is not good for either the angler or the guide.

During these cold mornings, I wear thermals as my base layer and often gloves. It's important to have enough layers of clothing on the water to stay warm when making open water runs and, then, to be able to peel layers off once we stop and the day warms.

Crazy low tides have also played a big part in knowing where to fish for success. During minus-lows, fish get bunched up in great numbers in the many deeper channels and creeks found throughout the sound.

Being able to reach many of the sheltered areas requires crossing an open body of shallow water. Once into one of the fish refuges, take your time and fish slowly. Cold water temperatures equal slower moving fish. Soaking shrimp chunks in the deepest water in these places will often catch fish when no other method works.

Don't be afraid to venture out and go fishing even though nature may not comply with the shorts and flip flops you want to be wearing.

There are lots of fish that still will cooperate even when it's cold out. Better yet, remember it's only 8 degrees at home, so why not go fishing?

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\*



Gale from Pennsylvania with a black drum she caught while fishing with Capt. Matt Mitchell this week photo provided



**February** 

2019



Series

# New Opportunities at Shell Point

# The public is invited and many of these events are FREE!

learn

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events and more!

# explore

imagine

laugh

# Learn More About Shell Point

play

# Feb. 19,20 & 27 • 9:30 a.m.

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.

# Feb. 4 & 11 • 4:30 to 6 p.m.

### Spain: Its History and Legacy (Two Sessions)

Join Professor Adrian Kerr as he discusses Spain's glorious history for



as he discusses Spain's glorious history for over two thousand years. Learn how its strategically important location between the Mediterranean and the Atlantic has led to its enormous influence on world events and language. Tickets for each class cost \$10,\* and may be purchased by calling (239) 489-8472.

# February 7 at 7 p.m.

# Southwest Florida Symphony Series Appalachian Spring

Join Maestro Nir Kabaretti in this synthetic experience of the poetic, visual, musical and dramatic arts through the brilliant compositions of Wagner, Milhaud and Copland. Breathing life into the operas, ballets and literary works that bear their names, *Siegfried Idyll, La Création du Monde* and *Appalachian Spring* are true musical masterpieces. Individual tickets cost \$25 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.



# Feb. 8 & 9 • 9 a.m. to 2 p.m. Shell Point Artists and Artisans Spring Fling

inspire

The first annual Spring Fling event will showcase works by Shell Point residents. Enjoy art, photography, jewelry, woodcarving, pottery, glasswork, fiber art, handcrafted items and more. This is a wonderful opportunity to experience Southwest Florida creativity.

# February 13 at 7 p.m.

### **Concerts & Conversations Series Con Brio Quartet, Strings**



Con Brio is a young ensemble comprised of four international musicians – violinists Valentin Mansurov and Marina Lenau, violist David Pedraza and cellist Aziz Sapaev. This young, global quartet has been thrilling audiences throughout the United States and abroad. Individual tickets cost \$30 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.

# Feb. 14 • 9 a.m. to 4 p.m.

# Community Thrift Store Valentine's Day Sale SAVE 50% ON RED ITEMS STOREWIDE

during Community Thrift Store's Valentine's Day Sale! Shop a wide selection of items that include furniture and home decor, clothing, appliances and much more. For more information, contact Community Thrift Store at (239) 225-6529. 15501 Old McGregor Blvd. Suite 2, Fort Myers.

\*If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.



Visit www.shellpoint.org/events for full descriptions of upcoming events! Shell Point Retirement Community is located in Fort Myers, 2 miles before the Sanibel Causeway. A nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc. 14 | THE RIVER - FEBRUARY 1, 2019 Plant Smart Bleeding

# Heart Vine

by Gerri Reaves

Bleeding heart vine (Clerodendrum thomsoniae) is but one plant in the glorybower, or Clerodendrum, genus that is valued for its extravagant blooms.

Native to West Africa, this twining woody vine produces sprays of white and pink-red flowers that bloom spring to fall. A member of the verbena family, it is also called the glory bower vine and bag flower.

Several varieties exist, including delectum, which has magenta or dark pink bracts – versus white – as seen here. Prior to opening, the closed lighter-

Prior to opening, the closed lightercolored outer bracts resemble dangling bells or a pointed paper Chinese lantern. The bracts (or calyx) remains on the vine after the flowers drop.

The actual flower measures about a half inch across and has a red corolla tube and notably long stamens. The heart-shaped or oval leaves are opposite and up to seven inches long. They are glossy, evergreen and prominently veined.

Plant this fast grower in full sun to partial shade in well-drained soil. With stems reaching up to 15 feet long, it works well as a screen.

Give it a vertical support like a trellis, arbor, or fence to encircle and climb.

It can also be grown as a container plant. It has low salt tolerance.

If you're looking for a dark pink or

# Morning Bird Walk

Experience the beautiful birds of Bunche Beach with a bird patrol guide on Saturday, February 9 at 8 a.m.

Provided in cooperation with Lee County Parks and Recreation, the beachfront walk is free with paid parking of \$2 per hour (tour is approximately two hours). Participants meet on the beach located in South Fort Myers, off



Bleeding heart vine produces sprays of showy long-stamened flowers

photo by Gerri Reaves red vine for your landscape, also consider low-maintenance native coral honeysuckle (Lonicera sempervirens), which has the advantage of attracting butterflies and other native pollinators, as well as hummingbirds.

Sources: Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan; Florida Plant Selector by Lewis S. and Betty M. Maxwell; Waterwise: South Florida Landscapes by SFWMD; and www.floridata.com.

Plant Smart explores the diverse flora of South Florida.

Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Participants may also see waterfowl, raptors and warblers.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015 or visit www.birdpatrol.org.



# Sea Oats Added To Lovers Key Park Shoreline

The colder temperatures last week did not stop Keep Lee County Beautiful, Inc. (KLCB) volunteers from planting sea oats at Lovers Key State Park. Volunteers dedicated four hours to planting 2,000 sea oats covering 15,750 square feet in an effort to help stabilize the beach and provide a habitat for native wildlife.

Sea oats are the plants with the large plumes found along the beach that may look like weeds, but they are a vital part of the ecosystem. Playing an important role in coastal conservation, the plant's massive root system is capable of holding soil and sand in place during extreme weather like hurricanes and tropical storms. The sea oat leaves and stems also trap wind-blown sand which helps to maintain the sand dunes. The sand dunes

# Boating Safety Day On Saturday

Peace River Sail and Power Squadron will hold a free Boating Safety Equipment Demonstration Day in front of the Punta Gorda Boat Club on Saturday, February 2 from 10 a.m. to 1 p.m.

Gain experience with flare guns, hand-held flares and smoke signals with one-on-one instruction with the ability to discharge various devices under supervision. Bring your trailered boat for a courtesy vessel safety check. Required and additional suggested safety equipment



A merica's Boating Club and the San Carlos Bay Sail & Power Squadron will be conducting its popular Local Waters Chart Reading class at the squadron classroom on Saturday, February 23 or March 23 from 8 a.m. to noon.

The class will teach students how to read local waters Chart Number 11427. Students will learn the basics of latitude and longitude, how to find where they are,



Volunteers planting sea oats at Lovers Key State Park photo provided

protect the coast from erosion during high winds and storm surges.

Beach vegetation and dunes serve as a critical component to maintaining beach stability.

for power, sail and paddle craft will be on display. Knowledgeable squadron members will be available to answer your questions.

The Punta Police Department Marine Officer, Punta Gorda Fire Department, Florida Department of Environmental Protection - Clean Marina Program, Charlotte Harbor Sea Tow and Punta Gorda Learn to Sail will also be on hand to answer boating-related questions.

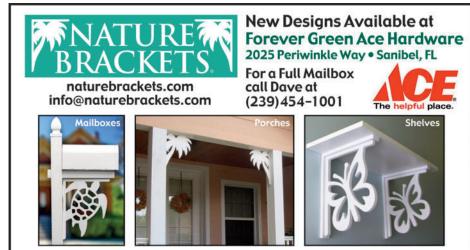
The Punta Gorda Boat Club is located at 802 West Retta Esplanade in Punta Gorda. For more information, contact Peace River Sail and Power Squadron's Safety Officer Rick Sluzewski at 219-588-3324 or email info@ peaceriversailandpowersquadron.org.\*

how to get to where they want to go and how to take bearings.

Students are strongly urged to bring chart 11427 to class. Charts can be purchased at www.oceangrafix.com/buy/ buyonline. Be sure to order the mapfold version.

Cost of the class is \$45 per person and \$70 for two people sharing the materials. Cost includes a divider and a plotter.

San Carlos Bay Sail & Power Squadron is located at 16048 San Carlos Boulevard in Fort Myers. Students can register at www.scbps.com or call 466-4040 and leave a message.



# Task Vehicle For Downtown Events



From left, Gary Aubuchon, Cindy Cross, Mandi Wray, Dan Beiter, Becky Swift, Michael Reitmann and Jeff Miloff photo provided

# Builders Care Receives Donation

ee BIA Builders Care, the nonprofit charitable arm of the Lee Building Industry Association (BIA), has received a \$12,000 donation from Aubuchon Team of Companies in support of its mission to provide emergency construction services at no cost to needy and deserving elderly and/or disabled homeowners, and their families, who cannot obtain repairs through traditional means.

The impactful donation is a result of funds raised through Aubuchon Team of

Companies' annual Helping Hands for the Holidays event. To date, Aubuchon Team of Companies has donated more than \$116,000 to Lee BIA Builders Care through this annual fundraiser, fueling Lee BIA Builder Care's efforts to make a difference within the lives of local homeowners and families.

"Aubuchon Team of Companies' annual event has generously supported Lee BIA Builders Care for 11 years, an invaluable commitment that has provided critical funding and support, helping us to continually strengthen our impact within the community," said Becky Swift, executive director of Lee BIA Builders Care. "We are grateful for Aubuchon's continued partnership as we work together to provide life-changing services to homeowners in need."



Medical/fire rescue utility task vehicle to be used for Fort Myers River District Special Events

A t the recent Fort Myers Community Redevelopment Agency (CRA) Board meeting, commissioners approved the purchase of a customized medical/fire rescue utility task vehicle (UTV) to be used by Fire Department personnel at downtown Fort Myers special events. Improved first responder access in navigating the crowded streets was deemed necessary.

Using the new UTV, first responders will have the right-size vehicle necessary to aid several types of emergencies while inside any event. The new vehicle will also give downtown shopkeepers maximum exposure to emergency services during scheduled events and road closures.

photo provided

The CRA will purchase the UTV for \$26,000 using downtown redevelopment area funds. The Fire Department will determine staffing, which may include emergency medical technicians (EMT) and/or paramedics, hazmat technicians and marine operators.

For more information, contact the Fort Myers CRA at cra@cityftmyers. com or 321-7100.



### Will Power What Makes A BRAT?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

any who have created wealth struggle with how to properly raise children in very different circumstances than those they grew up with. I'll share with you that I grew up in a family that constantly struggled financially. As a teenager, I earned the money necessary to purchase a car, fuel and insurance. I also put myself through college and law school.

Fortunately, I've found success in my law practice as well as various business ventures. While we're not über-wealthy, my wife and I have been able to raise our daughters in a much different environment. We'd like to think that our children are well-

grounded, but we also understand the struggle those with means encounter. How much is enough? Where and when do we draw the line?

These questions are adroitly addressed in Douglas Andrew's book, *Entitlement Abolition*. In it, he points out that those who work hard to grow wealth, enjoy a life of abundance and foster a similar dream of prosperity for their loved ones often find their dreams turn into nightmares when well-meaning parents chronically step in to pick up the slack for their children. He says that parental overreach can come in many forms: Covering for children's mistakes at school and work;

Protecting children from the uncomfortable consequences of their own poor choices; Buying expensive cars, clothing, vacations and luxuries without involving them in the responsibility to pay for those things;

Paying for children's education without including them in the process by earning scholarships or by repaying the parents through low interest rate loans;

Giving children something for nothing.

Andrew asks parents to examine why they do what they do. Certainly, it's not the parents' intent to create permanent dependency. Often, instead, it's to appear as the hero, or to give their children something that they didn't have themselves growing up. The problem is, of course, that without the same frame of reference, it's unfair to expect the children to fully appreciate their good fortune.

What instead occurs is that all of this could contribute to the creation of BRATs Blamers Running from Accountability and Truth – which creates a family with codependent tendencies. Entitlement creeps in and can infest families, businesses and even communities.

What's the answer? There really are no easy answers. Andrew's book goes on to provide greater details and strategies to consider. What's interesting is his take on estate planning. I had the opportunity to spend some time with him in a coaching group that



we both attend.

"I don't really believe in the common 'divide and distribute' estate planning model," he said. When I pressed him for an alternative, he referenced the establishment of a 'family bank." In that model, Andrew explained, a trust would hold amounts to be used by family members to provide for medical and financial emergencies, education, support, seed money for starting businesses and/or practices, and a variety of other means.

A board of trustees would decide upon the distributions, many of which would either be in the form of grants that would have to be matched by the recipient (with his or her own money, whether earned or gained through another means such as a scholarship) or in the form of a loan, with the expectation that the loan eventually be repaid to the trust.

This empowers family members as opposed to enabling them," Andrew added.

I believe that he is onto something here. The challenge, of course, lies in the decision makers. Distribution decisions are easy so long as the generation that earned and created the wealth is alive and able to make those decisions. Once that generation dies off, however, those drop down to siblings or other family members serving as trustee, all of whom have a "conflict of interest" when deciding who the trust benefits and how. This conflict of interest exists because the decision makers are potential beneficiaries themselves (as are their children and grandchildren).

Once the family reaches the third generation, it's even more difficult. Here, the likely decision makers are cousins as opposed to siblings.

These issues aren't insurmountable. Third party trustees might be employed, either as primary decision makers or as independent tie-breakers. This type of a trust should be extremely detailed in its wording. I would go so far as to recommend that "statement of intent" provisions be carefully drafted and included to give future trustees direction as to the original grantors' vision just how a "family bank" should operate.

No one wants to create BRATs. More of that has to do with raising the children, as well as the values instilled during life. Nevertheless, a family estate plan galvanizing family values of self-reliance and responsibility is certainly appealing. Perhaps this estate planning model is the wave of the future.

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Dr Aysegul Timur

# photos provided Local Officials To Present At Florida College Summit

odges University's Dr. Aysegul Timur, senior vice president of Lacademic affairs, and dean of the Johnson School of Business, and Tessa Lesage, director of social innovation and sustainability of the Southwest Florida Community Foundation, will be presenting during the 2019 Florida College Access Network Summit.

The presentation, entitled Growing and Credentialing Employability Skills in SWFL - Professional Effectiveness Certificate, will be in May 2019 in Orlando. "The issue of the gaps that exist in employability skills and how to address them is critical to the continued economic growth of our region," said Dr. Timur. "This summit is an ideal place to shed further light on the need to address this issue.



Tessa LeSage

"The professional effectiveness certificate is a great example of the FutureMakers Coalition's ability to respond to employer needs by aligning resources and working across organizations to create an effective credentialing solution that increases employability," said LeSage. "I am thrilled to have the opportunity to showcase the FutureMakers partners work to our state partners.

Florida College Access Network's mission is to create and strengthen a statewide network that catalyzes and supports communities to improve college and career preparation, access and completion for all students.

The FutureMakers Coalition's goal is to transform the workforce by increasing the number of Southwest Florida residents with degrees, certificates and other high-quality credentials by the year 2025. The FutureMakers Coalition encourages residents to join and support this community-changing initiative. For more information, visit www. futuremakerscoalition.com.举

### **Book Review** In The Market For Murder



by Di Saggau

ennifer Schiff's protagonist, Guinivere 'Guin" Jones, is back on the scene in her newest book In the Market for Murder. It's the third in her Sanibel Island Mystery Series. Guin is a

reporter for the Sanibel-Captiva Sun Times who often finds herself involved in a murder. This tale is no exception. While searching for the perfect house, within her financial range, Guin unexpectedly finds the body of a young woman. The hunt is on. With her sometimes nemesis Detective William "Bill" O'Loughlin, she starts to investigate the murder coming up with multiple suspects.

Guin drives her purple Mini Cooper around the island visiting numerous local haunts that we are all familiar with and enjoy visiting ourselves. She also creates a fictional French patisserie where she purchases the most scrumptious sounding pastries including pain au chocolat. I wanted to go buy one immediately.

Guin's handsome boyfriend Ris is preparing for the Florida Ironman competition, and he is encouraging Guin to move into his cottage on Fort Myers Beach. As much as she cares for him, the idea of moving in makes her uneasy. For now, she is enjoying living on her own in her own place. Besides, she's too busy with the murder investigation to consider a move.

The young girl who was murdered is identified, and her reputation is a bit tainted as far as to her relations with men. Guin interviews numerous suspects as she covers the case for her paper. I

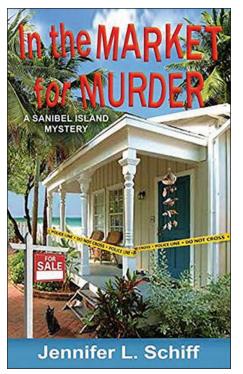


image provided

admire Schiff's gift for dialogue among the many characters. It's realistic and keeps the reader guessing as to who is the guilty party.

In the Market for Murder has many memorable characters and places and, of course, her two feline companions, Flora and Fauna. The book is full of twists and turns as Guin searches for a killer. The epilogue has a "cliff hanger" ending that makes the reader anxious for the next book. It won't be long, as number four in the Sanibel Island Mystery Series is due out in the summer of 2019.

Schiff will have a book signing on Friday, February 8 from 11 a.m. to 1 p.m. at Macintosh Books and Paper, located at 2330 Palm Ridge Road in Palm Ridge Place Shopping Center. On Monday, February 18 at 2 p.m., she will do an author talk and book signing at the Sanibel Library.🕸

# School Smart



ear

Shelley, My son was just placed on an Individual Education Plan (IEP) for a learning disability. The teachers used the words

accommodations and modification a lot. It seemed like they meant the same thing but now I'm not so sure. What do these words mean for a student with an IEP? Frannie C, Fort Myers

### Frannie,

When your child has an IEP or a 504 plan, you'll likely hear the terms "accommodation" and "modification" from the IEP or 504 team. While they sound similar, they serve different purposes. Accommodations change how a student learns the material. A

modification changes what a student is taught or expected to learn.

When a child is struggling, one possible strategy is giving him less schoolwork or simpler assignments. This is called a modification, and it's not the same as an accommodation. While modifications can make school easier for kids, they can have serious drawbacks, too.

Most schools have academic standards for what kids are expected to learn in each grade. Modifications change these expectations. They're typically used when a child has trouble keeping up in school.

Here's an example of a modification. Let's say all third graders in school X are usually expected to learn multiplication. For a third grader with a learning disability in math or dyscalculia, who hasn't mastered addition, a school may offer a modification where the child keeps working on addition, while his peers move on to multiplication. Or he may learn multiplication, but only with basic problems, have fewer test questions or less homework. These are modifications because they change what

the student is expected to learn.

Along with modifications, you may also hear the term accommodations, which are not the same as modifications. Remember, modifications change what a child is taught or expected to do in school. Accommodations change how a child learns or accesses the curriculum.

Here's an example of an accommodation. A third-grade class is expected to read a lengthy chapter book, however a student with a reading disability/dyslexia is struggling to read the book at the same pace as the rest of the class. An accommodation could be to let the student use text-to-speech technology to read the book or other accommodations. This can help the student keep up with the rest of the class as they read and learn about the whole book.

Modifications are controversial among schools, teachers and parents. While it's true that modifications can make school less of a struggle for students, the result of modifications can be that a child learns less than his peers and might fall behind on important skills. Over time, this can put a child at a big disadvantage. A student that's had modified coursework won't be in a good position to pass a graduation exam. Also, in some states, a child who's received modifications may not be eligible for a high school diploma, only a certificate of completion, clearly limiting the child's future career and education options. Because of these drawbacks, experts recommend parents try accommodations before modifications.

### THE RIVER - FEBRUARY 1, 2019 17

Of course, some kids must have modifications in specific academic areas. Kids who are far behind and can't vet work at grade level usually need modifications. For example, if a child is reading several grades below grade level, his IEP may include modifications for reading. However, the IEP must still have ambitious goals to help the child make progress toward the grade-level standard.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

# Wellness Expo

ee County Parks & Recreation will hold a Recreation and Wellness Expo at the North Fort Myers Recreation Center on Saturday, February 9 from 9 a.m. to noon. This event is free and open to the public.

There will be music, demonstrations of popular classes, healthy food tastings and information on what the North Fort Myers community has to offer.

North Fort Myers Recreation Center is located at 2000 North Recreation Way in North Fort Myers. For more information, call 533-7200.举



# Hodges University President Inaugurated

Hodges University recently celebrated the inauguration of its fifth president, Dr. John Meyer. The ceremony, attended by community leaders and Hodges' faculty and staff, was held on the university's Naples campus. Guest speakers included Dr. Jeff Allbritten, president of Florida SouthWestern State College; and Dr. Mike Martin, president of Florida Gulf Coast University.

"Because workforce education is a key driver of economic development, Hodges University will continue to evolve and anticipate the workforce needs of our region," said Dr. Meyer. "We will continue to open doors for career advancement by not only offering degrees and certifications to meet our region's demands, but also continue working with our sister institutions."

# <image>

President John Meyer photo provided

# Fixed-Income Reviewal As Interest Rates Rise



by Jennifer Basey When interest rates rise, the value of your fixed-income investments, such as bonds, will typically

fall. If this happens, how should you respond? First of all,

it's important to

understand this inverse correlation between interest rates and bond prices. Essentially, when interest rates rise, investors won't pay you full price for your bonds because they can purchase newly issued ones that pay higher rates. So, if you sell your bonds before they mature, you could lose some of the principal value.

You may be seeing a price drop among your bonds right now, because interest rates generally rose in 2018 and may continue to do so in 2019. While you might not like this decline, you don't necessarily have to take any action, particularly if you're planning to hold these bonds until maturity. Of course, you do have to consider credit risk - the chance that a portion of the principal and interest will not be paid back to investors - but unless the bond issuers default, which is usually unlikely, particularly with investment-grade bonds, you can expect to receive the same regular interest payments you always did, no matter where rates move

Holding some of your bonds – particularly your longer-term ones – until they mature may prove useful during a period of rising interest rates. Although long-term bond prices – the amount you could get if you were to sell these bonds – tend to fall more significantly than short-term bond prices, the actual income that longer-term bonds provide may still be higher, because longer-term bonds typically pay higher interest rates than shorter-term ones.

To preserve this income and still take advantage of rising interest rates, you may want to construct a "bond ladder" consisting of short-, intermediate- and longer-term bonds. Because a ladder contains bonds with staggered maturity dates, some are maturing and can be reinvested – and in a rising-rate environment such as we're currently experiencing, you would be replacing maturing bonds with higher-yielding ones. As is the case with all your investments, however, you must evaluate whether a bond ladder and the securities held within it are consistent with your objectives, risk tolerance and financial circumstances.

You can build a bond ladder with individual bonds, but you might find it easier, and perhaps more affordable, to own bond-based mutual funds and exchange-traded funds (ETFs) that invest in bonds. Many bond funds and ETFs own a portfolio of bonds of various maturities, so they're already diversified.

Building a bond ladder can help you navigate the rising-rate environment. But you also have another incentive to continue investing in bonds, bond funds or ETFs – namely, they can help diversify a stock-heavy portfolio. If you only owned stocks, your investment statements would probably fluctuate greatly – it's no secret that the stock market can go on some wild rides. But even in the face of escalating interest rates, bond prices generally don't exhibit the same sharp swings as stocks, so owning an appropriate percentage of bonds based on your personal circumstances can help add some stability to your investment mix.

As an investor, you do need to be aware of rising interest rates, but as we've seen, they certainly don't mean that you should lose your interest in bonds as a valuable part of your investment strategy.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@ edwardjones.com.\*

### Superior Interiors Casual Lifestyle

by Jeanie Tinch

s easy-going

as they

appear,

casual decorating schemes don't

just fall into place.

There's a world of

difference between

the casual room



that has evolved haphazardly and one that is well-decorated. Good casual decorating considers both comfort and

style. Starting with comfort factor, furniture should look inviting. But more importantly, it must feel good. Deep-seated sofas and overstuffed arm chairs with ottomans send the message, "Come, sit here." Certain fabrics and materials lend themselves to the casual style. Leather is an excellent choice, as are chenille and textured fabrics. Save your elegant florals and silks for a more formal room.

Refer to nature for ideas. Natural

# Construction Grant Awarded To Nonprofit

eurig Dr Pepper (KDP) and the national non-profit KaBOOM! recently awarded a Let's Play Community Construction Grant to Habitat for Humanity of Lee and Hendry Counties. The grant will be used to build a new playground in Habitat's Majorca Palms Community.

The playground build is made possible by Let's Play, an initiative by KDP to provide the funding, equipment and play spaces to help kids and families make active play a daily priority. Through Let's Play, KDP and its partners are committed to helping create safe and inspiring PLAYces for Fort Myers kids to learn, explore, grow and just be kids.

"We are grateful for the opportunity to build a playground with KDP and KaBOOM! at our Majorca Palms community," said Kitty Green, Habitat Lee and Hendry president/CEO. "The playground will provide a space for the more than 150 children that call Majorca Palms home to play and a place for their families to gather and host celebrations."

Habitat's Majorca Palms Community is home to many young families with children. These families have worked hard to earn and purchase an affordable Habitat home.

KDP has committed \$38.5 million to Let's Play through 2019, impacting youth-serving organizations across the U.S. as well as Canada, Mexico and the Caribbean. Through Let's Play, KDP partners with two non-profit organizations, KaBOOM! materials are inherently pleasing to the senses and always at home in a casual setting. Exposed wood beams, hard wood floors and natural stone tile give a room an easy, relaxed feel. Add an area rug to soften the look and absorb sound. Bring the outdoors inside with a few houseplants. If you're not much of a green thumb, consider some of the authentic-looking permanent botanicals, especially if you utilize the home only seasonally. A textured wall covering will add depth and warmth to your casual setting.

Asymmetrical furniture arrangements are perfect in an informal room. Pull your furniture away from the walls and experiment with floating or angular arrangements. Avoid the predictable look of sets of matching end tables and coffee tables.

Casual design applies to wall and tabletop accessories as well. Accessory pieces should be in odd numbers and of varying sizes and shapes.

When looking for a respite from the hustle and bustle of your daily routine, your casually decorated room will offer a relaxing retreat.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.\$

and Good Sports, to build and improve playgrounds in underserved communities and provide grants for sports equipment. In this way, KDP is doing its part to help eliminate the play deficit by making active play possible for more kids.

Visit www.LetsPlay.com to join the conversation and learn how to apply for the various available grants to make communities more active and playful.

# Chair Of Airport Board Elected

The Lee County Board of Port Commissioners elected Larry Kiker as chair for 2019 during its most recent meeting. Brian Hamman was elected as vice chair.

The board, composed of the five Lee County commissioners, meets bi-monthly as the Board of Port Commissioners to set policy and direct the operations of Southwest Florida International Airport and Page Field in Fort Myers. The other commissioners include Frank Mann, John E. Manning and Cecil L Pendergrass.

Southwest Florida International Airport served nearly 9.4 million passengers in 2018 and is one of the top 50 U.S. airports for passenger traffic. Page Field provides services to corporate, commercial and private aviators and accommodated more than 98,000 aircraft operations in 2018. No ad valorem (property) taxes are used for airport operation or construction, and both airports are funded solely with revenue generated from their operations.

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### From page 2 Historic Downtown



Cynthia and Paul Asmuth won an honorable mention for decoration photo courtesy Southwest Florida Historical Society, Goddard-Dibble Collection

junior parade and coronation paralleled the adult ones.

In the post-war years, the festival steadily expanded, so much so that this year the related or sanctioned events commenced on January 23 and won't wrap up until weeks later. However, official festival events run February 9 to 17.

This year's Junior Parade will be on February 10. Afterward, the awards ceremony and the crowning of the Junior Royalty will take place at the Sidney and Berne Davis Art Center.

This block of First Street has changed drastically since the 1964 parade, although the mid-1920s brick Fort Myers Realty Building still stands on the northwest corner at Dean Street (right in photos).

The gas station, Cycle Center, and even Citrus Street (note the street sign in photos' center) are gone.

Instead, the 1985 Strayhorn Building and the City of Palms Parking Garage line the parade route.

Visit www.edisonfestival.org to learn about the historic festival that includes everything from creative floats, the Inventor's Fair, and 5K run to a Garden Festival and Mutt Strutt. The 81st Grand Parade is on February 16.

Visit the following two research centers to learn about the history of Fort Myers's signature festival.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.

leecountyblackhistorysociety.org. Sources: Archives of the Southwest Florida Historical Society and *The News-Press.*☆



Chip and Celia Maddox's Tickled Pink Over Edison's Birthday won in the amateur floatsectionphoto courtesy Southwest Florida Historical Society, Goddard-Dibble Collection

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# Boston's MVP To Snub Championship Celebration At The White House



by Ed Frank

nce again, we have sports mixed with politics with the recent announcement by the Boston Red Sox's Mookie Betts, the American League Most Valuable Player, that he will not visit the White House on May 9.

He is not the first athlete to turn down President Donald Trump's invitation to recognize championships, in this case the World Series Champion Boston Red Sox.

As expected, Bett's no-show attendance brought mixed reaction by the media and likely by the general public. "I won't be going. I decided not to," Betts said after

receiving his MVP Award last week in New York. He did not

elaborate further.

He joins Red Sox third-baseman Rafel Devers as the only other Boston player to say they definitely will skip the White House ceremony. But more may be joining the list in the weeks ahead.

Shortstop Xander Bogaerts and infielder Eduardo Nunez remain undecided, and pitcher Eduardo Rodriguez has said he likely won't be going.

Boston Manager Alex Cora had been open to visiting the White House, but he has had issues with President Trump and his administration in their relief efforts in the aftermath of Hurricane Maria that devastated his home of Puerto Rico.

In fairness, many Red Sox players said they will attend the White House on May 9. The visit had originally been scheduled for February 15, but was rescheduled due to the government shutdown.

Red Sox management has said the White House visit is not mandatory.

The controversy with President Trump has rankled several athletes and teams, highlighted when the president lashed out at former San Francisco 49ers quarterback Colin Kaepernick who refused to stand for the National Anthem in protest to the treatment of minorities.

The president even made the unprecedented move of rescinding invitations to last year's Super Bowl Champion Philadelphia Eagles and National Basketball Champion Golden State Warriors.

The Warriors recently met with former President Obama during a visit to Washington, DC to play the Wizards.

No doubt this controversy will continue. Doubtful there is any positive answer.

### **SPORTS QUIZ**

- 1. Cody Bellinger of the Los Angeles Dodgers set a National League record in 2017 for most home runs by a rookie (39). Who had held the mark?
- 2. Who was the first New York Met to hit 40 or more home runs in a season?
- 3. Name the last repeat winner of the Davey O'Brien Award as the nation's top
- college quarterback before Clemson's Deshaun Watson did it in 2015-16.
- 4. How many times did Hall of Famer Allen Iverson lead the NBA in points per game for a season?
- 5. In 2018, Buffalo's Casey Mittelstadt and Alexander Nylander each got their first NHL goal in the same game. When was the last time before 2018 that it happened for the Sabres?
- 6. Who was the last male figure skater to repeat as Olympic singles champion before Japan's Yuzuru Hanyu in 2014 and 2018?
- 7. When was the last time the U.S. men's golf team won a Ryder Cup in Europe?

### **ANSWERS**

1. Frank Robinson (1956) and Wally Berger (1930), with 38 each. 2. Todd Hundley had 41 home runs in 1996. 3. Oklahoma's Jason White, in 2003-04. 4. Four times. 5. It was 1995, when Curtis Brown and Wayne Primeau did it. 6. Dick Button (1948 and 1952). 7. It was 1993.

### **Everblades Take Commanding Division Lead**

The Florida Everblades hockey team began the week with a commanding lead in the ECHL South Division with a 30-8-5 season record and 65 points, compared to South Carolina in second place with 48 points.

But it's a tough week for the local hockey team starting with a home game Tuesday at Hertz Arena then a Thursday night game 750 miles away against the Atlanta Gladiators and a Saturday contest in Greenville, South Carolina against the Swamp Rabbits.

Florida returns to home ice Wednesday hosting the Adirondack Thunder, the first of six home games in row at Hertz Arena.  $\updownarrow$ 

# Basketball All-Star Game Reflects Local Classic

This year's McDonald's All American Boys Game will look familiar to fans who watch the Culligan City of Palms Classic. Ten of the 24 players on the McDonald's rosters announced have appeared in the City of Palms, one shy of the record 11 City of Palms players chosen for the 2017 McDonald's event.

For the first time, the McDonald's rosters include three players from the same high school. That school, IMG Academy in Bradenton, finished fifth at the Culligan City of Palms Classic this past December.

The Culligan City of Palms has played host to the last two McDonald's All American Game MVPs. Last year,

# America's Boating Course

A merica's Boating Club and the San Carlos Bay Sail & Power Squadron will be offering America's Boating Course at the San Carlos Bay Sail & Power Squadron classroom on two consecutive Saturdays from 8:15 a.m. to 12:30 p.m. The first class is on February 9, while the second class is on February 16.

This course is recognized by the National Association of State Boating Law Administrators. The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card which is valid for life, in order to operate a boat with more than 10 HP.

Topics covered include hull design,

Orlando Christian Prep (Orange Park) forward Nassir Little became the ninth City of Palms alum to win that honor all-time. In 2017, Michael Porter, Jr. of Father Tolton High (Columbia, Missouri) followed up his strong City of Palms performance with a McDonald's MVP.

Little now plays for the University of North Carolina, and Porter is in the NBA with the Denver Nuggets.

This year's McDonald's game will feature the last two City of Palms Classic Dunk Contest winners — Scottie Lewis of the Ranney School (Tinton Falls, New Jersey), who won the 2017 contest, and 2018 champ Cole Anthony of Oak Hill Academy (Mouth of Wilson, Virginia).

All-time, 155 City of Palms players have taken part in the McDonald's All American Game. The 10 selected this year will bring that total to 165.

Visit www.cityofpalmsclassic.com to see tournament results and statistics.

docking, anchoring and handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class. Successful completion of this course entitles the boater to six months free membership in the United States Power Squadrons with the purchase of a 12-month membership. In addition, students who join the squadron will also be eligible for a free three-hour On The Water training session.

Cost of the course is \$60 with a \$30 cost for a second person sharing the instruction materials. Cost includes lunch after the second Saturday class.

The San Carlos Bay Śail & Power Squadron classroom is located at 16048 San Carlos Boulevard in Fort Myers. Students can register online at www.scbps. com or call the squadron office at 466-4040 and leave a message.





# **Thinking of Selling?**

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From left, Brooke Denson, Vicki Pitbladdo and Elaine Hawkins

# Yachts Of Hope Benefit Key For Hope Hospice

Guests at Yachts of Hope, a fundraiser for Hope Hospice at Gulf Harbor Yacht & Country Club, raised more than \$300,000 for the not-for-profit.

Hosted by Sandy Stilwell Youngquist, Sonya Sawyer, Lizbeth Benacquisto and Andie Vogt, joined by committee members Pam Cronin, Deanna Hansen, Cathy Snyder and Hope Healthcare President and CEO Samira K. Beckwith, the event featured tours of 11 luxury yachts up to 101 feet long.

More than 150 guests enjoyed dockside cocktails and tastings from LYNQ, Keylime Bistro, Saboram Wow and Timbers Restaurant, along with a gournet dinner, live band and dancing. The evening featured bidding on oncein-a-lifetime travel experiences and VIP trips to Sonoma wine country, Madrid, Tuscany and private cruises, along with a one-of-a-kind jewelry creation from Mark Loren Designs.

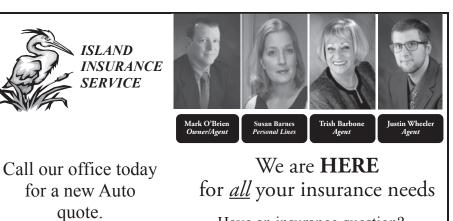
Hope Healthcare is a not-for-profit



photos provided

Marja and Gerry Norris

health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.



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Jerry and Linda Nielsen

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From left, Sandy Stilwell Youngquist, Senator Lizbeth Benacquisto, Dan Creighton amd Denise Abrantes

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From left, Romey Terezi, Bill Malstrom, Al Kinkle and Morgan Bowden

# Child Cancer Radiothon Raises Over \$150,000

The Southwest Florida community raised more than \$150,000 at the 17th annual Mel's Diner Helping Kids with Cancer Radiothon on January 11. Proceeds will fund lifesaving cancer treatments for children at Golisano Children's Hospital of Southwest Florida.

The Radiothon, broadcast live by Cat Country 107.1 from Mel's Diner in Fort Myers, generated support for Barbara's Friends – Golisano Children's Hospital Cancer Fund. Barbara's Friends provides equipment, medical services, therapeutic activities and financial help through the Kimmie's Angels Family Assistance Program so parents can focus on helping their children get well.

Since its inception in 2003, the Lee Health Foundation has raised \$2.7 million through the Helping Kids with Cancer Radiothon.

"Every dollar we raised at Radiothon will stay right here in this community to help children being treated at Golisano Children's Hospital," said Al Kinkle, chairman of Barbara's Friends. "It's photos provided

heartwarming to see this community rally together for a cause. Supporters recognize that every donation, large or small, can potentially save a child's life."

Golisano Children's Hospital does not deny treatment for any child as a result of their family's inability to pay.

Co-hosted by Cat Country 107.1 FM on-air personalities Mike Tyler and Amy Lynn, donors made pledges through the telephone, website and text messages. All five Mel's Diner locations in Southwest Florida offered special \$5 Radiothon breakfasts, and the restaurant offered exclusive deals and discounts to patrons in exchange for donations. Lake Michigan Credit Union, Valvoline, Fox4, Dunkin' and other corporate partners also contributed to Radiothon, making this year's event one of the top-grossing Radiothons to date.

Throughout the day, Cat Country listeners and Mel's guests heard from doctors, nurses, hospital administrators, celebrity guests, pediatric cancer patients and their families, each of whom shared compelling stories of hope and healing.

Barbara's Friends is named in honor of the late Barbara Haskell, a breast cancer patient who was in awe of the bravery displayed by children who were battling cancer. Now 24 years later, Southwest Florida children have access to



**Dr. Emad Salman and Dr. Craig MacArthur** Golisano Children's Hospital, a 128-bed facility with a comprehensive list of pediatric services.

"Golisano Children's Hospital wouldn't exist if not for the generosity of Southwest Florida residents, businesses and philanthropic organizations," said Armando Llechu, the hospital's chief administrative officer. "Donations not



### **Kadin Myers**

only helped build a beautiful, world-class medical facility, but they've helped fund exceptional health care programs and specialized services that otherwise wouldn't be offered anywhere within a two-hour drive."

For more information, visit www. leehealthfoundation.org or call 343-6950.☆



Jo Abney and Kayden Kmetz





Amy Lynn and Mike Tyler

Cali Trepkowski

Radiothon concludes with balloon release

### Beautifulife: Refine



by Kay Casperson

Teslieve it is essential for all of us to refine our lives from time to time, but what does that mean? To me, refine means to simply polish up a bit now and then. Every once in a while, things can

tend to become quite dull and they might need a bit of work to shine back up again. So let's take out the polishing cloth and see what we can do about refining your life.

Let's start by taking a look at your strengths and what you are good at doing, picking one of them and investing in yourself. What are some of your gifts and talents? Maybe there are things that you love to do but just don't make the time to do them anymore. Think about your hobbies like sports, music, arts, crafts and see if there are things that you once loved, but time, chaos and life just keep getting in the way of you doing them anymore.

Maybe you used to take the time to read, sing, play an instrument, cook, draw, paint or play a favorite game which brought much joy and contentment to your life at one time. How easy is it to lose focus now and then, because there are so many other things that are important or that seem to take up the majority of your time? Well, today I am going to encourage you to take just a moment to focus on what those things are and see if you can bring them back into your life slowly but surely.

I believe in this word so much that I even built a product around it. My exfoliant for the skin is called Refine, and the affirmation on the bottle reminds you to focus on your strengths and invest in yourself. Your skin needs refinement just like your life does. Once you start to polish, there is a new fresh look and feel which will allow you to shine even brighter.

So, sit back and take a real close look at what you are missing, invest your time back into what you were once passionate about, polish it up and watch your life become even more fulfilled. Yes, refine is a must-have word in your vocabulary and it needs to be done every once in a while to stay focused on living your best and most beautiful life.

My affirmation for you this week is: "I will refine my life by nourishing my passions and focusing on my strengths."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www. kaycasperson.com or follow on social media @kaycasperson.\*

# FEMA Awards Irma Expenses To Health System

EMA recently approved a \$3,719,741.76 grant for the State of Florida for Lee Health to defray the costs of emergency protective measures taken for Hurricane Irma. Funding for this Public Assistance (PA)

Funding for this Public Assistance (PA) project is authorized under Sections 403 of the Robert T. Stafford Act for Florida to cover Hurricane Irma-related expenses, reimbursing eligible applicants for the cost of debris removal; life-saving emergency protective measures; and the repair, replacement or restoration of disasterdamaged facilities like buildings, roads and utilities.

FEMA's Public Assistance grant program is an essential source of funding for communities recovering from a federally declared disaster or emergency. The Florida Division of Emergency Management works with FEMA during all phases of the PA program and conducts final reviews of FEMA-approved projects.

Applicants work directly with FEMA to develop project worksheets and scopes of work. Following approvals by FEMA and the Florida Division of Emergency Management, FEMA obligates funding for the project.

FEMA's Public Assistance program provides grants to state, tribal and local governments, and certain types of private nonprofit organizations including some houses of worship, so that communities can quickly respond to and recover from major disasters or emergencies.

The federal share for Public Assistance

projects is not less than 75 percent of the eligible cost. The state determines how the non-federal share of the cost of a project (up to 25 percent) is split with the sub-recipients like local and county governments.

### From page 1 Nonagenarians

of a long life well lived, highlighting the active aging population's hobbies, spirits and souls.

Besides Sklar, Shell Point photographers include David Tompkins, Don Adams, Dotty Morrison, George Waters, John Ippensen, Kirk Gulledge, Les Davison, Lester Lincke, Liz Noffsinger, Peter Martin and Sallie Rich.

Admission to the gallery is free and open to the public, but a \$5 suggested donation helps keep arts programming accessible.

In conjunction with the exhibit, the Alliance has partnered with Lee Health to present Art of a Healthy Lifestyle: The Fundamental Nature of Rest, Movement, and Nutrition. Jose Colon, MD, will educate attendees on healthy habits, essential skills and important tips to master the fine art of good health. The lecture will take place on Saturday, February 16 at 10:45 a.m. and is free to attend, although an RSVP is recommended at www.artinlee.org/ health.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/ nonagenarians.🌣

# Free Conference For Prostate Cancer Patients

Jan Manarite and Prostate Cancer International will offer a free conference for prostate cancer patients and caregivers on Saturday, March 2 from 9 a.m. to 5 p.m. The program, titled Prostate Cancer Today: Living Well; Choosing Wisely, will be held at the Cohen Center of Florida Gulf Coast University (FGCU). A free lunch will be served.

"The conferences will always be free because I would never turn a cancer patient away because of money," said Manarite, who advocated for her husband, Capt. Dominic Manarite of Sanibel from 2000 to 2013. Capt. Dominic was a charter captain out of Castaways Marina at Blind Pass. He lost his battle to prostate cancer in April 2013, but survived for 13 years, even though his initial PSA was over 7,000, and his prostate cancer had metastasized throughout his bones. Manarite was his researcher and advocate for all of those years, finding information, asking about tests and suggesting treatment options.

There is a suggested \$25 per person donation to PC International, a nonprofit organization. Registration is required online at www.tinyurl.com/march2conf or by contacting Manarite at 208-4400 or jmanarite@hotmail.com.

Manarite's passion to help patients develop better questions – because better questions will get you better answers – has



Jan Manarite

photo provided

been the focus of her advocacy efforts since 2001. She is currently the executive vice president of Prostate Cancer International, and continues her efforts to help patients do just that – develop better questions.

"Shared decision-making means the patient and family members share the test and treatment decisions with the doctor and vice versa," said Manarite. "But patients need to engage in this, and they often don't know where to start. We can help them."

The Cohen Center of FGCU is located 11090 FGCU Boulevard in North Fort Myers.



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### deaRPharmacist

# Teas, Essential Oils And Supplements Needed In Winter



by Suzy Cohen, RPh

**Part Readers:** The winter is lovely, the trees are all flocked and the air is so fresh. You can make snowballs and fire up the crock pot with soup. I SO love winter, and when the snow begins to

fall, I stay in my PJs and crawl into my favorite recliner, with a big fuzzy blue throw and a hot pack.

When it's cold, many biochemical changes take place in the human body that lead to dryness of the skin and lips, suppressed immunity, reduced production of some neurotransmitters, the packing on of winter fat, higher risk of heart attacks and certainly more sniffles, coughing and general sickness from cold and flu. Sadness and depression are common.

Today, my focus will be to help you stay as well and comfy as possible during the hibernation months. I have a more comprehensive version of this article available only to my newsletter subscribers. Join my online community at www.suzycohen.com, and I will email it to you.

Here are some common winter problems:

Seasonal Affective Disorder (Depression) – This is a seasonal type of depression and sadness that lifts in the springtime and summer. Researchers sometimes attribute the winter blues to reduced exposure to sunlight. Therefore, a natural mood booster might be a light device, or some vitamin D supplementation. Vitamin C could help because it helps contribute to production of happy brain chemicals. Headaches – Cold climates cause

Headaches – Cold climates cause blood vessels to tighten a little bit, and the narrowing reduces blood flow. When blood vessels are constricted, it can trigger headaches and migraines. The fix might be to maintain hydration and supplement with magnesium, which keeps your blood vessels dilated. Vitamin C helps them maintain elasticity.

Dryness And Dehydration – Skin gets very dry, especially your heels. Look at them, I bet they're cracked and dry. Put some pure jojoba oil, coconut oil, olive or grape seed oil on your finger or a cotton pad, and apply it it to your heels. Then put on your socks and shoes. If you need, repeat this after your evening shower. Drink plenty of water that has been infused with marshmallow root. I have a video on youtube showing you how to make this. Also, add a pinch of sea salt or "real salt" to your water for electrolytes.

Cough, Cold And Flu – In order to reduce your risk for respiratory illness and cold or flu, you have to rev up your immune system. Start with probiotics and vitamin C for prevention. Eucalyptus essential oil (EO) is another natural fix for when you are actually sick. When I was down with the flu, I found that a steam inhalation using just two drops in a pot of hot water worked great to open up my sinuses and to stop from coughing. I also drank Melissa officinalis as well as green tea. I'm not advising any of you; just sharing my personal experiences. Please ask a holistic practitioner or doctor if these are right for you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.\*

# Information Session On Pediatric Health

There will be a Kids' Minds Matter open house reception at the new Lee Health – Coconut Point on Tuesday, February 5 from 5:30 to 7:30 p.m. Professionals from Golisano Children's Hospital of Southwest Florida will discuss newly developed pediatric mental and behavioral health services.

Guests are asked to RSVP by calling 343-6950. The event is free to attend.

Kids' Minds Matter is a new movement in Southwest Florida that is providing youth and their families with information and resources so they can receive a proper diagnosis and treatment options. It's estimated that 46,000 local children are impacted by mental or behavioral health disorders like anxiety, depression, eating disorders, psychosis, bipolar disorder, schizophrenia, substance abuse and attention deficit hyperactivity disorder.

Lee Health and Golisano Children's Hospital are aligning providers and community partners to better serve local children impacted by mental and behavioral health issues. Nationally, the average time between onset of symptoms and treatment is eight to 10 years, and Kids' Minds Matter is focused on early intervention to achieve the best outcomes.

Guests will have an opportunity to tour Lee Health – Coconut Point, a 163,000-square-foot, state-of-the-art medical facility. Event attendees also can enter a drawing for a one-week test drive of the new 2019 Audi A8 L, a luxury sedan with an MSRP starting at \$83,800, provided by Audi Fort Myers, a generous supporter of Kids' Minds Matter and the Lee Health Foundation Lee Health – Coconut Point,

Lee Health – Coconut Point, 23450 Via Coconut Point in Estero. For more information, visit www. leehealthfoundation.org or call 343-6950.暮

# Banana Chia Pudding



by Ross Hauser, MD and Marion Hauser, MS, RD

Have you wanted to try chia but not sure what to make with it? Enjoy this easy, vegan and clean banana chia pudding that you can eat for dessert, breakfast, or a snack. We especially enjoy eating this after a long workout in the heat because it is very refreshing. You can make it in individual small mason jars to grab on the go, or make it all in one bowl.

What You Need:

1 ripe banana, mashed

3 tbsp. white chia seeds (you can also use black chia seeds)

# New Scholarships Offered To Staff At Cypress Cove

Suppress Cove at HealthPark Florida's employee educational scholarship program recently added two named scholarships – the Lyle and Audrey Olson scholarship and the Marcia Goldberg/ Judy Papier scholarship – to a growing list of scholar fund offerings.

The program started in June 2017. "(It) is a wonderful way for residents of our community to financially reward employees for their educational endeavors. Many of today's college students face difficult financial hurdles and these staff scholarships help immensely," said Cypress Cove Executive Director Michele Wasserlauf,

The Goldberg/Papier scholarship fund is a dedicated award to be given twice annually to selected student(s) who work for the community's dining services team. The Olson scholarship, noted Philanthropy Specialist Allen Abbott, will provide financial scholar awards twice annually to an employee at Cypress Cove enrolled in an advanced educational program.

The Cypress Cove employee scholarship program has already helped send 22 staff to college – yielding eight graduates. Program gifts, including endowed and named scholarship funds, have exceeded \$230,000. "Education opens doors of possibility," noted Audrey Olson. She and her husband delayed completion of their higher education to help their children advance in school.

Marcia and Joe Goldberg also understand the importance of advanced education. She received assistance 1/2 tsp. vanilla extract

1/8 tsp. ground cinnamon 1 cup unsweetened almond or soy milk

1 tbsp. pure maple syrup, as needed for additional sweetness

For a garnish, try sliced bananas, chopped cashews, unsweetened coconut, cacao nibs, or berries. What To Do:

1. Add the mashed banana to a small container. Add the chia seeds, vanilla extract, ground cinnamon and maple syrup for a little added sweetness, if desired. Pour in the milk.

2. Stir to combine. I like to use a whisk.

3. Place in the refrigerator overnight, or for at least 5 to 6 hours, to allow the chia seeds to absorb the liquid and thicken.

4. In an air-tight container, this pudding will stay good in the fridge for about 4 to 5 days.

5. Serve with above garnishes as desired.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.

from her two employers as she and her husband obtained their juris doctor degrees. Their joint Cypress Cove scholarship is not the first they have funded. After the loss of a son in an auto accident, Marcia and Joe established an engineering scholarship at the University of Michigan in their son's memory.

Judith Papier, along with her husband Chuck, comes from a family committed to generosity. Both are members of Cypress Cove's Staff Scholarship Committee. They are known for teaching their children and grandchildren about the importance of making the world a better place. They instructed their children to make donations instead of traditional holiday gifts. "We don't need more neckties or anything. Please make a gift instead to support scholarships through this family fund," they said. Scholarship awards – \$2,000 to

Scholarship awards – \$2,000 to first-time recipients and \$1,000 awards to previous awardees – were announced this past November for the Spring 2019 academic term scholars.

### From page 1 Antique Car Show

the gardens, museum, laboratory and the historic homes. This family event is free for Edison Ford members and \$20 for non-members, which includes a self-guided tour of the entire site. A combination ticket for the antique, Thunderbird and Mustang car shows is available for \$30; online only. A portion of the proceeds will benefit the restoration of the antique Ford car collection.

For tickets, visit www.edisonford. org.Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers.

# PETS OF THE WEEK photos provided

# Haven on Earth Animal League



i, I'm Lily! I'm a beautiful 2-year-old

on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm

only 6 months old and a very sweet little girl. I'm

female tabby with a white bib. I have

Leven fully vetted and brought up to date



Sylvia

currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\*

# Lee County Domestic Animal Services Bella And Luke



### Bella ID# A764384

Lily

Hello, my name is Bella. I am a 6-year-old female rottweiler mix who is a chill girl that likes to hang out with my favorite volunteers. I like to get cozy with them on the benches in the play yards when I am not running around. The best part about me is that I have gotten past the pesky puppy stage and will be your instant companion without the demands on your time of training a puppy.

My adoption fee is \$25.

Hi, I'm Luke. I am a 2-year-old male domestic

# PAWS Of Sanibel Dixie The Bunny

A vailable for adoption is Dixie, a bunny who was found in an abandoned home in Naples and was recently dropped off at CROW.

Dixie is being fostered by a wonderful family on Sanibel, but they will soon be heading up north and cannot take her with them.



### Luke ID# A765683

shorthair who is a confident boy that will come right up to you and let you know I am in the room looking for attention. No matter how many cats are in the room, you know I am there. I am very curious and have a need to know what is going on at all times. I will wander around your house like I own it and, like the staff does at LCDAS, you will probably let me because of my disarming personality.

My adoption fee is \$25.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.\*\*





Lee County Sheriff's Office	
	. 477-1200
Florida Marine Patrol	
Florida Highway Patrol	.278-7100
Poison Control	-282-3171
HealthPark Medical Center	-936-5321
Ft. Myers Chamber of Commerce	. 332-3624
Foundation for Quality Childcare	. 425-2685
Fort Myers Beach Chamber of Commerce	. 454-7500
Fort Myers Beach Library	. 463-9691
Lakes Regional Library	. 533-4000
Lee County Chamber of Commerce	. 931-0931
Post Office	-275-8777
Visitor & Convention Bureau	. 338-3500
ARTS	
Alliance for the Arts	. 939-2787
Arts For ACT Gallery & Studio	. 337-5050
Art League Of Fort Myers	. 275-3970
Barbara B. Mann Performing Arts Hall	. 481-4849
BIG ARTS	. 395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	.772-5862
Edison Festival of Light.	334-2990
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	
Fort Myers Harmonica Band	653-70/0
Fort Myers Symphonic Mastersingers	288-2535
	100-200
Gulf Coast Symphony	. 489-1800
Harmony Chorus, Charles Sutter, Pres	. 481-8059
Naples Philharmonic	
The Schoolhouse Theater	. 472-6862
SW Florida Symphony	. 418-0996
Theatre Conspiracy	. 936-3239
Young Artists Awards	
CLUBS & ORGANIZATIONS	
American Legion Post #38 239	-332-1853
Angel Flight	N-ANGEI
Animal Refuge Center	731-3535
American Business Women Association	267 6766
	. 307-0700
Audubon of SWFL	
Audubon Society	. 472-3156
Caloosahatchee Chapter DAR	. 482-1366
Caloosahatchee Folk Society	. 321-4620
Cape Chorale Barbershop Chorus	-425-3631
Cape Coral Stamp Club	. 542-9153
Cape Coral Stamp Club	. 542-9153 . 454-1083
duPont Company Retirees	. 454-1083
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duPont Company Retirees         Edison Porcelain Artists         Embroiderers Guild of America - Sea Grape Chapter       239         FM UDC Chapter 2614 - United Daughters of the Confederacy       9         Garden Club of Cape Coral       239         Horticulture and Tea Society       239         Horticultural Society       239         Lee County Genealogical Society       239         Lee Trust for Historic Preservation       239         NARFE(National Active & Retired Federal Employees       239         Paradise lowa Club of SWFL       230         Sons of Confederate Veterans       230         Southwest Florida Fencing Academy.       230         Southwest Florida Music Association.       765-4254 or         Kiwanis Fort Myers Beach       765-4254 or         Kiwanis Fort Myers South.       100a-McGregor	454-1083 415-2484 -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7276 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 454-8090 694-1056 691-1405
duPont Company Retirees         Edison Porcelain Artists         Embroiderers Guild of America - Sea Grape Chapter       239         FM UDC Chapter 2614 - United Daughters of the Confederacy         Friendship Force Of SW FL       339         Garden Club of Cape Coral       239         Horticulture and Tea Society       340         Horticultural Society       340         Lee County Genealogical Society       341         Lee Trust for Historic Preservation       341         NARFE(National Active & Retired Federal Employees       341         Navy Seabees Veterans of America       341         Paradise Iowa Club of SWFL       350         Southwest Florida Fencing Academy.       301         Southwest Florida Music Association.       342         Kiwanis Fort Myers Beach       342         Kiwanis Fort Myers South.       343         Iona-McGregor       344         Lions Club Fort Myers Beach       345	454-1083 415-2484 -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 454-8090 694-1056 691-1405 482-0869 483-9738
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duPont Company Retirees         Edison Porcelain Artists         Embroiderers Guild of America - Sea Grape Chapter       239         FM UDC Chapter 2614 - United Daughters of the Confederacy       239         Friendship Force Of SW FL       239         Garden Club of Cape Coral       239         Horticulture and Tea Society       239         Horticultural Society       239         Lee County Genealogical Society       239         Lee Trust for Historic Preservation       NARFE(National Active & Retired Federal Employees         Navy Seabees Veterans of America       239         Paradise Iowa Club of SWFL       230         Sons of Confederate Veterans       230         Southwest Florida Fencing Academy.       230         Southwest Florida Music Association.       230         Kiwanis Fort Myers Beach       765-4254 or         Kiwanis Fort Myers South.       230         Iona-McGregor       230         Lions Club Fort Myers Beach       24254 or         Lions Club Fort Myers Beach       24254 or         Notre Dame Club of Lee County       240         Organ Transplant Recipients of SW Florida       24254 or	454-1083 415-2484 -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9622 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 454-8090 694-1056 691-1405 482-0868 463-9738 466-4228 898-1921 768-0417 247-3073
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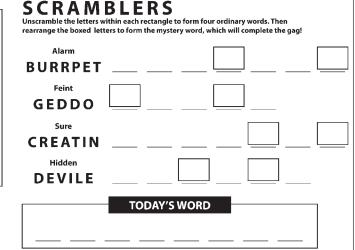
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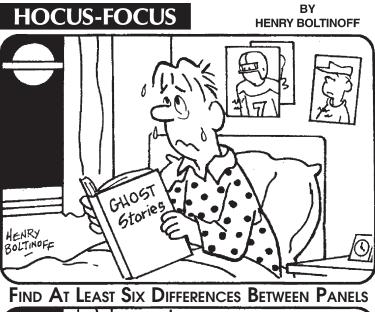




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# SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.





Differences: 1. Pajamas are different. 2. Moon is higher. 3. Hair is different. 4. One picture is missing. 5. Headboard is lower. 6. No. 7 is missing from picture.



### Wild Turkey Quesadilla

2 cups cooked wild turkey meat, diced or shredded

1 sweet onion, thinly sliced

6 strips bacon, cooked and crumbled 1 cup Monterey jack cheese (or your

favorite), grated

8 small flour tortillas

2 tablespoons butter

Sea salt and fresh ground pepper, to taste

Shred or dice the turkey meat and set aside. Preheat a large buttered sauté pan to medium heat. Cook onions for 10 minutes or until caramelized. Remove and set aside. Using the same pan add one tablespoon of butter. Build the quesadilla by layering in the following order: flour tortilla, grated cheese, caramelized onions, bacon, turkey, more cheese then cover with another tortilla. Brown on both sides until cheese is melted. Serve warm with sour cream and guacamole.

"Fresh" tip: Any type of turkey can be used in this recipe. 3



Turkey Quesadilla

photo courtesy Fresh From Florida

# PROFESSIONAL DIRECTORY







CONSTRUCTION/REMODELING



### My Stars $\star \star \star \star$ FOR WEEK OF FEBRUARY 4, 2019

Aries (March 21 to April 19) Seeing the silly side of some really ridiculous situations helps give the Lamb a new perspective on how to handle them. Some important contacts can be made this weekend.

Taurus (April 20 to May 20) Try to complete your outstanding tasks by midweek. This leaves you free to take advantage of new possibilities – both professional and personal – opening up by week's end. **Gemini** (May 21 to June 20) With both your

creative side and your energy levels rising this week, you should be able to tackle that too-long-neglected project again. A family member might have important news.

Cancer (June 21 to July 22) An explanation you requested seems to be more confusing than enlightening. You should insist on clarifications now, rather than deal with problems that might arise later.

Leo (July 23 to August 22) Your energy levels might be ebbing a bit. But that's no excuse for taking catnaps when you could be working on those unfinished tasks.

There'll be time to curl up and relax by week's end. **Virgo** (August 23 to September 22) It's a good time to get those ideas out of your head and into a readable format if you hope to have them turned into something doable. A good friend is ready with worthwhile advice.

Libra (September 23 to October 22) Careful – you might be stepping into dangerous territory if you decide to "exaggerate" the facts too much. Remember: The truth speaks for itself and needs no embellishment.

**Scorpio** (October 23 to November 21) Although your workplace successes have earned you many admirers, there are some colleagues who are not among them. Be careful how you proceed with your new project.

Sagittarius (November 22 to December 21) You might have to go into great detail to explain why you're currently reluctant to make changes to an already prepared plan. Be sure you have all the facts to

back yourself up. **Capricorn** (December 22 to January 19) Travel plans might still be uncertain. But instead of getting upset about the delay, open yourself up to other possibilities, and begin checking out some alternative



Harry Chapin Food Bank

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### destinations.

Aquarius (January 20 to February 18) Changing conditions might require you to alter some of your plans. While you might be agreeable to this, be prepared with explanations for those who do not want changes made.

Pisces (February 19 to March 20) Although you might have to deal with some detractors who aren't too kind in their critiques, you gain points when you're willing to stand up and defend vour work.

Born This Week: You have a gift for creating a warm and loving environment between yourself and others.

### **MOMENTS IN TIME**

• On Feb. 6, 1820, the first organized immigration of freed slaves to Africa from the United States departs New York on a journey to Sierra Leone, in West Africa. The expedition was partially funded by the U.S. Congress, which appropriated \$100,000.

• On Feb. 9, 1900, the silver trophy known today as the Davis Cup is first put up for competition when American collegian Dwight Filley Davis challenges British tennis players to come across the Atlantic and compete against his Harvard team. In 1904, Belgium and France entered the competition.

• On Feb. 8, 1924, America's first execution by lethal gas is carried out in Nevada. The executed man was Tong Lee, who was convicted of murdering a rival Chinese gang member. Lethal gas was seen as a more humane method of carrying out death sentences.

• On Feb. 4, 1938, Walt Disney releases "Snow White and the Seven Dwarfs," the first animated feature to be produced in English and in Technicolor. Naysayers warned him that audiences, especially adults, wouldn't sit through a feature-length cartoon fantasy about dwarfs. The film was a smash hit.

• On Feb. 10, 1962, downed American U-2 spy plane pilot Francis Gary Powers is exchanged by the USSR for Soviet Col. Rudolf Abel, a senior KGB spy captured in the U.S., on the Glienicker Bridge linking East and West Berlin. The event inspired the 2015 film "Bridge of Spies."

• On Feb. 7, 1964, Pan Am Yankee Clipper flight 101 from London Heathrow lands at New York's Kennedy Airport – and "Beatlemania" arrives. The Beatles were greeted by 3,000 screaming fans who caused a near riot.

• On Feb. 5, 1994, Byron de la Beckwith is convicted of the assassination of civil-rights leader Medger Evers 31 years earlier, ending the lengthiest murder case in American history. Two earlier juries refused to convict. The third sent Beckwith to jail for life.

### **STRANGE BUT TRUE**

• It was Leroy "Satchel" Paige, arguably the best pitcher in baseball history, who made the following sage observation: "Never look back. Something might be gaining on you.

• The "Harley" in "Harley-Davidson" comes from William Harley, one of the motorcycle company's three founders. His is a common surname in England

with roots in Old English, in which language it means, literally, "pile of rocks.

• A narwhal's horn isn't a horn; it's a tooth – the left front tooth, to be specific. As such, it's considered to be a tusk, making the narwhal the world's only animal with a tusk that's straight rather than curved. The tusk was highly prized in the Middle Ages, fetching as much as 10 times its weight in gold for those fortunate enough to have one to sell.

• Those who study such things say that millions of trees are planted accidentally when absent-minded squirrels forget where they buried their nuts.

 Charlie Chan, the fictional Honolulu detective, was created in 1919 by novelist Earl Derr Biggers. The books featuring Chan became so popular that the character made the leap to radio, movies and television. Even though more than a dozen actors have portrayed the detective over the years, not one of them has been of Chinese ancestry.

• A scorpion can live for an entire vear without eating.

• In the 1830s you could give someone a "blizzard." Back then, of course, the word wasn't referring to a snowstorm; rather, that phrase meant to give someone a piece of one's mind.

• In the original calculations made by NASA experts, a landing on the moon was thought to have only a 5 percent chance of success.

### THOUGHT FOR THE DAY

"One dog barks at something, the rest bark at him." – Chinese proverb

### **TRIVIA TEST**

- 1. **Geography**: What is the number of the U.S. highway that runs along the West Coast?
- 2. Animal Kingdom: What is the fastest bird in the world?
- 3. Literature: What is the name of the wood carver in The Adventures of Pinocchio?
- 4. Movies: Which 1980s movie featured the tagline, "One man's struggle to take it easy"?
- 5. **Astronomy**: How long is a year on the planet Mercury?
- 6. Business: Which automaker sold a line of cars called the Fairlane?
- 7. **Anatomy**: How many times does the average human heart beat each day?
- 8. Television: Which 1960s television drama featured the catchphrase, "Book 'em, Danno!"?
- 9. Architecture: Who designed the famous home called Fallingwater?
- 10. **Comics**: What is the name of the dog in the Dennis the Menace comic strip?

### **TRIVIA ANSWERS**

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★ ★ ★ ★ www.islandsunnews.com ★ PLACE CLASSIFIED ★ ★ ★ ★ ★

# Job Creation And Talent Attraction Program

The Fort Myers Community Redevelopment Agency (CRA) has introduced a new Job Creation and Talent Attraction Program.

Targeted industries eligible for the program include research and development in the physical, engineering, computer or life sciences; light assembly, packaging and fabrication associated with research and development in the physical, engineering, computer or life sciences; software, computing and technology; light manufacturing; and general office.

This program will incentivize the creation and retention of full-time employment within the Fort Myers Community Redevelopment Areas by offering a grant payment to companies that create or relocate high wage full-time jobs within an area. Companies can earn up to \$8,000 when a new employee is living and working in a CRA area.

Currently, funding for the new Job Creation and Talent Attraction Program is only available in the downtown redevelopment area.

Companies who participate will then help lower vacancy rates, increase

Cycling Safety Ride to the right Warn to pass Wear a helmet Use lights at night Always be courteous

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employment levels, raise tax base, diversify economic opportunities and promote redevelopment goals. The long-term objective will be to alleviate economic distress and, overall, help the area become self-sustaining while serving to implement the redevelopment plans for each of the Fort Myers redevelopment areas.

For more information on how to join the program, visit www.cityftmyers.com/ craincentives.¾

# Everglades Seafood Festival Next Weekend

The 2019 Everglades Seafood Festival will take place in front of City Hall on the Circle in Everglades City

# HORTOONS

from Friday through Sunday, February 8 to 10. There will be live music, seafood vendors, craft booths and carnival rides.

Making an appearance for the first time is The Petty Hearts, a tribute group to rock star Tom Petty (1950 to 2017) that travels all over the county and won first place in the Battle of the Tribute Bands at the South Florida Fair last year. Also showing up for their Everglades debut is the South Florida rock combo Rambler who got together in 2012 and admit to liking Lynryd Skynyrd.

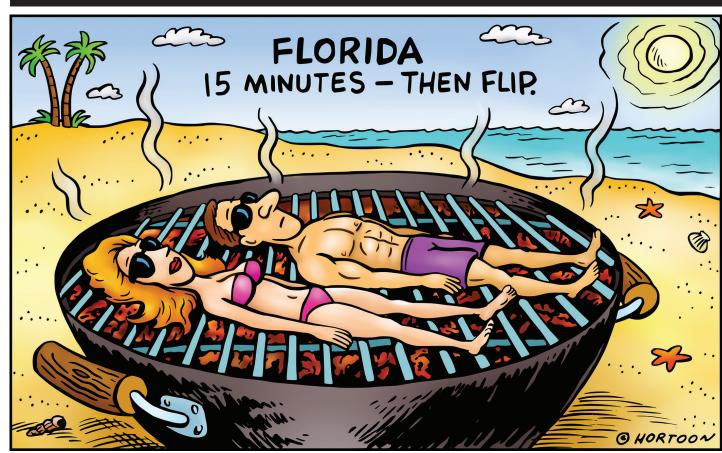
Another tribute group, this one to Frankie Valli, is Let's Hang On who return to perform on Friday night. They are proud to tour with a full live band that re-creates the 1960s sound.

More old favorites appearing during the weekend are Tim Elliott with his new single *I Got You*, The Lost Rodeo, Tim Channon, Electric Lipstick, Lauren Mitchell, Gator Nate and American Idol star Nadia Turner from Miami.

City Hall on the Circle is located at 102 Copeland Avenue in Everglades City. For a schedule and information, visit www.evergladesseafoodfestival.org or call 695-2277.5

### SCRAMBLERS

1. Perturb; 2. Dodge; 3. Certain; 4. Veiled *Today's Word* **DEBATING** 



# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2009	4,556	\$3,200,000	\$3,000,000	674
Del Sega	Sanibel	2000	4,046	\$2,799,000	\$2,550,000	196
Westlake Court	Estero	2017	3,057	\$1,989,000	\$1,860,000	666
Cape Harbour	Cape Coral	2004	2,700	\$1,150,000	\$1,025,000	53
Dunes At Sanibel Island	Sanibel	1987	2,267	\$1,099,000	\$1,090,000	57
Beachview Country Club Estates	Sanibel	2002	2,363	\$995,000	\$850,000	142
Not Applicable	Cape Coral	2014	2,737	\$845,000	\$827,000	9
Town And River	Fort Myers	1962	1,895	\$699,900	\$665,000	119
Sunset Key	Punta Gorda	1997	2,266	\$649,900	\$631,000	52
Riverwind Cove	Alva	1997	2,672	\$635,000	\$612,000	72

Courtesy of Royal Shell Real Estate



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